








MAY 2022



SUN	MON	TUE	WED	THU	FRI	SAT	
1 <i>No piano playing by Kenan today</i> 10:00 Worship Service (MPR) 2:00 Walking Group (LL) 3:30 Bible Trivia (LL)	2 9:30 Bible Study (MPR) 10:00 - 12:00 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Cinco De Mayo Game Night (MPR)	3 9:00 - 4:00 Elim U (HW) * 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 2:00 Walking Group (LL) 3:30 Hymn Sing (MPR) 6:45 Movie Night: Little House on the Prairie (T)	4 10:30 Balance Class (MPR) 10:30 & 11:00 Virtual Reality (CK) 1:30 Movie Matinee: The Greatest Showman (MPR) 6:30 Bingo Night (LL)	5 CINCO DE MAYO 10:30 Chair Fit (MPR) 11:30 Bus Outing: Lunch at Sabai Thai Restaurant * 2:00 Walking Group (LL) 2:30 Beach Ball Volleyball (MPR) 6:30 JEOPARDY! Night (MPR) 	6 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 3:15 Mother's Day Tea with Leanne Page 6:45 Movie Night: Cedar Cove (T)	7 10:15 Manicures (CK) 10:30 Balance Class (MPR) 2:00 Shuffleboard (MPR)	
8 MOTHER'S DAY 10:00 Worship Service (MPR) 2:00 Walking Group (LL) 3:00 Piano Playing by Kenan (LL) 3:30 Bible Trivia (LL)	9 9:30 Bible Study (MPR) 10:00 - 12:00 Relaxation Room (W) 1:00 - 3:00 Hearing Clinic (MPR) <i>-sign up at reception (ext 2000)*</i> 2:30 Crafter's Corner: 6:30 Evening Social: Peanut Auction Game (MPR)	10 10:30 Stretch & Strength (MPR) 2:00 Walking Group (LL) 3:30 Hymn Sing (MPR) 6:45 Movie Night: Little House on the Prairie (T)	11 10:30 Balance Class (MPR) 10:30 & 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save-On-Foods * 2:00 Bocce Ball (MPR) 6:30 Bingo Night (LL) 	12 10:30 Chair Fit (MPR) 2:00 Walking Group (LL) 2:30 Beach Ball Volleyball (MPR) 3:30 Armchair Travel (MPR) 6:30 JEOPARDY! Night (MPR)	13 10:00 Bus Outing: Art's Nursery * 10:30 Stretch & Strength (MPR) 2:30 Cranium Crunches (MPR) 3:30 & 4:00 Virtual Reality (CK) 6:45 Movie Night: Cedar Cove (T) 	14 10:15 Manicures (CK) 10:30 Balance Class (MPR) 2:00 Bowling (MPR)	
15 10:00 Worship Service (MPR) 2:00 Walking Group (LL) 3:00 Piano Playing by Kenan (LL) 3:30 Bible Trivia (LL)	16 9:30 Bible Study (MPR) 10:00 - 12:00 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social (MPR)	17 <i>no Art Expression today</i> 10:30 Stretch & Strength (MPR) 2:00 Walking Group (LL) 3:30 Hymn Sing (MPR) 6:45 Movie Night: Little House on the Prairie (T)	18 10:30 Balance Class (MPR) 10:30 & 11:00 Virtual Reality (CK) 2:30 Resident Council (MPR) 6:30 Bingo Night (LL)	19 10:30 Chair Fit (MPR) 10:45 Bus Outing: Michaels and Lunch at Olive Garden * 2:00 Walking Group (LL) 2:30 Beach Ball Volleyball (MPR) 6:30 JEOPARDY! Night (MPR) 	20 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 3:30 & 4:00 Virtual Reality (CK) 6:45 Movie Night: Cedar Cove (T)	21 10:15 Manicures (CK) 10:30 Balance Class (MPR) 2:00 Shuffleboard (MPR)	
22 10:00 Worship Service (MPR) 2:00 Walking Group (LL) 3:00 Piano Playing by Kenan (LL) 3:30 Bible Trivia (LL)	23 VICTORIA DAY <i>no Bible Study today</i> 10:00 - 12:00 Relaxation Room (W) 10:30 Video: Music & Spoken Word (MPR) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social (MPR)	24 <i>No fitness class today</i> 10:30 Emerald Info Session (LL) 2:00 Walking Group (LL) 3:30 Hymn Sing (MPR) 6:45 Movie Night: Little House on the Prairie (T)	25 10:30 Balance Class (MPR) 10:30 & 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save-On-Foods * 2:00 Bocce Ball (MPR) 6:30 Bingo Night (LL) 	26 10:30 Chair Fit (MPR) 2:00 Walking Group (LL) 2:30 Beach Ball Volleyball (MPR) 3:30 Armchair Travel (MPR) 6:30 JEOPARDY! Night (MPR)	27 10:30 Stretch & Strength (MPR) 12:00 Men's Lunch Club (CK) <i>- by invitation only</i> 2:30 Cranium Crunches (MPR) 3:30 & 4:00 Virtual Reality (CK) 6:45 Movie Night: Cedar Cove (T)	28 10:15 Manicures (CK) 10:30 Balance Class (MPR) 2:00 Bowling (MPR)	
29 10:00 Worship Service (MPR) 2:00 Walking Group (LL) 3:00 Piano Playing by Kenan (LL) 3:30 Bible Trivia (LL)	30 9:30 Bible Study (MPR) 10:00 - 12:00 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Minute to Win It (MPR)	31 10:30 Stretch & Strength (MPR) 2:00 Walking Group (LL) 3:30 Hymn Sing (MPR) 6:45 Movie Night: Little House on the Prairie (T)	Abbreviation Key ADP = 3rd Fl ADP Room CK = Country Kitchen HW = Harrison West Chapel LL = Lower Lounge MPR = Multi-Purpose Room O = Oasis Auditorium W = Wellness Service Rm T = 3rd Fl Theatre Room * = Sign-Up Required (call 2000)			Phone Extensions Nurse - ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004	Need Technology Help? Telus TV help: call Reception (2000) Computer/tablet help: call Wellness (2025)