

# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR I SOUTH AND I EAST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 9:45 Music w/ Michelle, IS 10:45 Music w/ Michelle, IE  2:30 Trivia IS	2 10:15 Word Game "Buzz Word" IE  2:00 Jukebox Request IS	3 9:30am Movie "ELVIS" in MPR  Afternoon I:I
4  1:30 Church Service, Harrison MPR	5 Morning Fun & Fitness  Afternoon Table Games <b>LABOUR DAY</b>	6 10:15 Word Puzzles IE  2:30 Hymn Sing, Harrison MPR <i>Library Pick Up</i>	7 10:15 Armchair Traveller - Canada  Short Stories at 2E	8 9:45 Music w/ Michelle, IS 10:45 Music w/ Michelle, IE  2:00 Creative Activity	9 10:15 Trivia IE  230 "Head, Shoulder, Knees and Toes" Move and Stretch IS	10 10:15 Bingo, MPR  <b>Afternoon Scenic                      Drive</b>
11  1:30 Church Service, Harrison MPR <b>GRANDPARENTS                      DAY</b>	12 Morning Fun & Fitness  Afternoon Table Games	13 10:15 Word Puzzles IE  2:30 Hymn Sing, Harrison MPR	14 "Head, Shoulder, Knees and Toes" Move and Stretch  2:30 Coffee & Discussion	15 9:45 Music w/ Michelle, IS 10:45 Music w/ Michelle, IE <b>Pizza Luncheon, MPR                      (by invite)</b> <i>Creative Kitchen</i>	16 10:15 Word Games, IE  2:00 Jukebox Requests	17 10:15 Bingo, MPR  Afternoon Movie Surprise and Delight
18  1:30 Church Service, Harrison MPR	19 Morning Fun & Fitness 2:00 Resident Council, MPR  Afternoon Table Games	20 10:15 Word Puzzles , IE  2:30 Hymn Sing, Harrison MPR	21 Move and Stretch with Foam Noodles  Afternoon Short Stories IE	22 9:45 Music w/ Michelle, IS 10:45 Music w/ Michelle, IE  Afternoon Art	23 10:15 Bowling in MPR  Afternoon I:I Visit	24 <b>Morning Scenic Drive</b>  Afternoon Movie
25  1:30 Church Service, Harrison MPR	26 Morning Fun & Fitness  Afternoon Table Games	27 10:15 Word Puzzles IE  2:30 Hymn Sing, Harrison MPR	28 Move and Stretch  Afternoon Trivia 3E	29 9:45 Music w/ Michelle, IS 10:45 Music w/ Michelle, IE  Afternoon Colouring <b>Happy Birthday Kent!</b>	30 10:15 Word Games, IE 2:00 All about Oktoberfest  <b>NATIONAL TRUTH &amp;                      RECONCILIATION DAY</b>	

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Teisha at 4063 or [tfocken@elimvillage.com](mailto:tfocken@elimvillage.com)

# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR 2 SOUTH AND 2 EAST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Walking Club  1:30 Manicures  Afternoon Tea Party	2 10:15 Bocce Ball, 2E  2:30 Music w/ Michelle, 2S	3 9:30 Elivs Movie Premiere, MPR  Afternoon Wellness Visits
4 1:30 Church Service, Harrison MPR	5 10:15 Do You Hear What I Hear?, 2E 2:30 Crosswords, 2S <b>LABOUR DAY</b>	6 10:15 Active Game, 2E  2:30 Hymn Sing, Harrison MPR <i>Library Pick Up</i>	7 10:15 Bingo, 2E  2:30 Short Stories, Wellness Room 2E	8 10:15 Walking Club  1:30 Manicures  Afternoon Wellness Visits	9 10:15 Fun & Fitness, 2E  2:30 Music w/ Michelle, 2S	10 10:15 Bingo, MPR <b>Afternoon Scenic Drive</b> Surprise and Delight 
11 1:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 10:15 Bocce Ball, 2S  2:30 You Be The Judge, 2E	13 10:15 Fun & Fitness, 2S  2:30 Hymn Sing, Harrison MPR	14 10:15 Bingo, 2E  2:30 Word Games, 3E	15 10:15 Walking Club <b>Pizza Luncheon, MPR (by invite)</b> 1:30 Manicures	16 10:15 Fun & Fitness, 2E  2:30 Music w/ Michelle, 2S	17 10:15 Bingo, MPR Afternoon Wellness Visits <b>Happy Birthday Sharon!</b>
18 1:30 Church Service, Harrison MPR	19 10:15 Crosswords, 2E 2:00 Resident Council, MPR 2:30 Tea Party, 2S	20 10:15 Active Game, 2E  2:30 Hymn Sing, Harrison MPR	21 10:15 Bingo, 2S  2:30 Short Stories, Wellness Room 2E	22 10:15 Walking Club  1:30 Manicures  Afternoon Wellness Visits	23 10:15 Bowling, MPR  2:30 Music w/ Michelle, 2S	24 <b>Morning Scenic Drive</b>  Afternoon Movie 
25 1:30 Church Service, Harrison MPR	26 10:15 You Be The Judge, 2S  2:30 Crosswords, 2E	27 10:15 Fun & Fitness, 2S  2:30 Hymn Sing, Harrison MPR	28 10:15 Bingo, 2E  2:30 Short Stories, Wellness Room 2E	29 10:15 Walking Club  1:30 Manicures  Afternoon Tea Party	30 10:15 Fun & Fitness, 2E  2:00 Travelling Snack Cart <b>TRUTH AND RECONCILIATION DAY</b>	

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# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR 2 NORTH AND 3 NORTH



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Morning Fun and Fitness  Afternoon Discussion Group	2 9:45 Music w/ Michelle, 2N 10:00 Short Stories, 3N  <i>Afternoon Sensory Visits</i>	3 9:30am Movie "ELVIS" in MPR  Afternoon Jukebox
4 1:30 Church Service, Harrison MPR	5 Morning Fun & Fitness  Afternoon Nordic Chair <b>LABOUR DAY</b>	6 Morning Baking  2:30 Hymn Sing, Harrison MPR <i>Library Pick Up</i>	7 10:30 Active Game, 3N 11:00 Music with Kladviia, 3N  2:00 Ball Toss, 2N	8 Morning Fun and Fitness  Afternoon Discussion Group	9 9:45 Music w/ Michelle, 2N 10:00 Short Stories, 3N  <i>Afternoon Sensory Visits</i>	10 10:15 Bingo, MPR  Afternoon Movie Surprise and Delight 
11 1:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 Morning Fun & Fitness 1:30 Music with Michelle, 3N Afternoon Nordic Chair	13 Creative Corner  2:30 Hymn Sing, Harrison MPR	14 10:30 Active Game, 3N 11:00 Music with Kladviia, 3N  2:00 Ball Toss, 2N	15 Morning Fun and Fitness <b>Pizza Luncheon, MPR (by invite)</b> Afternoon Discussion Group	16 9:45 Music w/ Michelle, 2N 10:00 Short Stories, 3N  <i>Afternoon Sensory Visits</i>	17 10:15 Bingo, MPR  Afternoon Jukebox Surprise and Delight
18 1:30 Church Service, Harrison MPR	19 Morning Fun & Fitness 1:30 Music with Michelle, 3N 2:00 Resident Council, MPR	20 Morning Baking  2:30 Hymn Sing, Harrison MPR	21 10:30 Active Game, 3N 11:00 Music with Kladviia, 3N  2:00 Ball Toss, 2N	22 Morning Fun and Fitness  Afternoon Discussion Group	23 9:45 Music w/ Michelle, 2N 10:00 Short Stories, 3N  <i>Afternoon Sensory Visits</i>	24 <b>Morning Scenic Drive</b>  Afternoon Movie 
25 1:30 Church Service, Harrison MPR	26 Morning Fun & Fitness 1:30 Music with Michelle, 3N Afternoon Nordic Chair	27 Creative Corner  2:30 Hymn Sing, Harrison MPR	28 10:30 Active Game, 3N 11:00 Music with Kladviia, 3N  2:00 Ball Toss, 2N	29 Morning Fun and Fitness  Afternoon Discussion Group	30 10:00 Short Stories, 3N Afternoon Sensory Visits  <b>NATIONAL TRUTH &amp; RECONCILIATION DAY</b>	

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# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR 3 SOUTH AND 3 EAST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Baking, 3E  2:30 Music Bingo <b>Happy Birthday Shui!</b> <b>Happy Birthday Pavitar!</b>	2 Morning Fun & Fitness  2:15 Word Games/Trivia	3 9:30am Movie "ELVIS" in MPR  Afternoon Jukebox
4 1:30 Church Service, Harrison MPR	5 10:15 Fun and Fitness  Nordic Chair and 1:1 Visits <b>LABOUR DAY</b>	6 10:15 Active Game, 3E  2:30 Hymn Sing, Harrison MPR <i>Library Pick Up</i>	7 10:00 Music w/ Klavdiia, 3E 11:00 Music w/ Michelle, 3S  2:30 Word Games, 3E	8 Reading Group  1:30 Manicures	9 Morning Fun & Fitness  Afternoon Table Games	10 10:15 Bingo, MPR <b>Afternoon Scenic Drive</b> Surprise and Delight  
11 1:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 10:15 Fun and Fitness  2:30 Mental Aerobics, 3E	13 10:15 Active Game, 3E  2:30 Hymn Sing, Harrison MPR	14 10:00 Music w/ Klavdiia, 3E 11:00 Music w/ Michelle, 3S  2:30 Word Games, 3E	15 10:15 Music Bingo  <b>Pizza Luncheon, MPR (by invite)</b>	16 Morning Fun & Fitness  2:15 Word Games/Trivia	17 10:15 Bingo, MPR  Afternoon Jukebox
18 1:30 Church Service, Harrison MPR	19 10:15 Fun and Fitness 2:00 Resident Council, MPR Nordic Chair and 1:1 Visits	20 10:15 Active Game, 3E  2:30 Hymn Sing, Harrison MPR	21 10:00 Music w/ Klavdiia, 3E 11:00 Music w/ Michelle, 3S  2:30 Word Games, 3E	22 Reading Group  1:30 Manicures	23 Morning Fun & Fitness  Afternoon Table Games	24 <b>Morning Scenic Drive</b>  Afternoon Movie <b>Happy Birthday John!</b>  
25 1:30 Church Service, Harrison MPR	26 10:15 Fun and Fitness  2:30 Mental Aerobics, 3E	27 10:15 Active Game, 3E  2:30 Hymn Sing, Harrison MPR	28 10:00 Music w/ Klavdiia, 3E 11:00 Music w/ Michelle, 3S  2:30 Word Games, 3E	29 10:15 Baking, 3E  2:00 All About Oktoberfest	30 Morning Fun & Fitness 2:15 Word Games/Trivia  <b>NATIONAL TRUTH &amp; RECONCILIATION DAY</b>	

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# SEPTEMBER 2022

# HARRISON WELLNESS CALENDAR 2 WEST





SUN	MON	TUE	WED	THU	FRI	SAT
				1 Morning Mental Aerobics 11:00 Music with Klavdiia  Active Game <i>Pet Therapy Visits</i>	2 Morning Fun & Fitness  Afternoon Patio Social	3 9:30am Movie "ELVIS" in MPR  Afternoon Bingo Surprise and Delight
				4 10:30 Church Service, Harrison MPR	5 Morning Fun & Fitness  Afternoon Tea & Chat <b>LABOUR DAY</b>	6 10:00 Discussion Group  1:30 Hymn Sing, 4W  <i>Library Pick Up</i>
11 10:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 Morning Fun & Fitness 11:00 Music with Michelle Afternoon Tea & Chat	13 10:00 Discussion Group  1:30 Hymn Sing, 2W	14 Morning Fun & Fitness  Afternoon Trivia	15 Morning Mental Aerobics 11:00 Music with Klavdiia  Active Game	16 Morning Fun & Fitness  <b>Pizza Luncheon, MPR (by invite)</b>	17 10:00 Bowling  2:30 Afternoon Movie 1:1 Visits
18 10:30 Church Service, Harrison MPR	19 10:00 Art w/ Colleen, 4W 11:00 Music with Michelle 2:00 Resident Council Afternoon Tea & Chat	20 10:00 Discussion Group  1:30 Hymn Sing, 3W	21 Parashoot Active Game  Afternoon Trivia	22 Morning Mental Aerobics 11:00 Music with Klavdiia  Active Game <i>Pet Therapy Visits</i>	23 Morning Fun & Fitness  Baking	24 10:00 Bingo  <b>Afternoon Scenic Drive</b>  
25 10:30 Church Service, Harrison MPR	26 Morning Fun & Fitness 11:00 Music with Michelle Afternoon Tea & Chat	27 10:00 Discussion Group  1:30 Hymn Sing, 4W	28 Morning Fun & Fitness  Afternoon Trivia	29 Morning Mental Aerobics 11:00 Music with Klavdiia  Active Game <i>Pet Therapy Visits</i>	30 Morning Fun & Fitness 2:00 All About Oktoberfest  <b>NATIONAL TRUTH &amp; RECONCILIATION DAY</b>	

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# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR 3 WEST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Morning Mental Aerobics  Afternoon Ball Toss	2 Morning Fun & Fitness  Afternoon Trivia	3 9:30am Movie "ELVIS" in MPR  Afternoon Bingo Surprise and Delight
4 10:30 Church Service, Harrison MPR	5 Morning 1:1 Visits Afternoon Short Stories  <b>LABOUR DAY</b>	6 9:45 Music with Michelle  1:30 Hymn Sing, 4W  <i>Library Pick Up</i>	7 Morning Fun & Fitness  Afternoon Table Games	8 Morning Mental Aerobics  Afternoon Ball Toss <i>Pet Therapy Visits</i>	9 Morning Fun & Fitness  2:00 Music with Klavdiia Afternoon Trivia	10 <b>Morning Scenic Drive</b>  2:15 School Days Trivia  
11 10:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 Morning 1:1 Visits  Afternoon Short Stories	13 9:45 Music with Michelle  1:30 Hymn Sing, 2W	14 Morning Fun & Fitness  Afternoon Table Games	15 Morning Mental Aerobics  Afternoon Ball Toss <i>Pet Therapy Visits</i>	16 Morning Fun & Fitness <b>Pizza Luncheon, MPR (by invite)</b> 2:00 Music with Klavdiia Afternoon Trivia	17 10:00 Bowling  2:30 Afternoon Movie 1:1 Visits
18 10:30 Church Service, Harrison MPR	19 10:00Art w/ Colleen,4W 2:00 Resident Council, MPR Afternoon Short Stories	20 9:45 Music with Michelle  1:30 Hymn Sing, 3W	21 Parashoot Active Game  Afternoon Table Games	22 Morning Mental Aerobics  Afternoon Ball Toss	23 Morning Fun & Fitness  2:00 Music with Klavdiia Afternoon Trivia	24 10:00 Bingo  <b>Afternoon Scenic Drive</b>  
25 10:30 Church Service, Harrison MPR	26 Morning 1:1 Visits  Afternoon Short Stories	27 9:45 Music with Michelle  1:30 Hymn Sing, 4W	28 Morning Fun & Fitness  Afternoon Table Games	29 Morning Mental Aerobics  Afternoon Ball Toss <i>Pet Therapy Visits</i>	30 Morning Fun & Fitness Afternoon Trivia  <b>NATIONAL TRUTH &amp; RECONCILIATION DAY</b>	

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# SEPTEMBER 2022

## HARRISON WELLNESS CALENDAR 4 WEST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Morning Table Games  Afternoon Manicures <i>Pet Therapy Visits</i>	2 Morning Fun and Fitness  Afternoon Sensory Visits	3 9:30am Movie "ELVIS" in MPR  Afternoon Bingo Surprise and Delight
4 10:30 Church Service, Harrison MPR	5 Morning Fun & Fitness  Afternoon 1:1 Visits <b>LABOUR DAY</b>	6 Morning Reading Groups  1:30 Hymn Sing, 4W  <i>Library Pick Up</i>	7 Morning Fun & Fitness  2:30 Music with Michelle	8 Morning Table Games  Afternoon Manicures	9 Morning Fun and Fitness 11:00 Music with Klavdiia  Afternoon Sensory Visits	10 Juke Box Requests  2:15 School Days Trivia  
11 10:30 Church Service, Harrison MPR  <b>GRANDPARENTS DAY</b>	12 Morning Fun & Fitness  Afternoon 1:1 Visits	13 Morning Reading Groups  1:30 Hymn Sing, 2W	14 Morning Fun & Fitness  2:30 Music with Michelle	15 Morning Table Games  Afternoon Manicures <i>Pet Therapy Visits</i>	16 Morning Fun and Fitness 11:00 Music with Klavdiia <b>Pizza Luncheon, MPR (by invite)</b> Afternoon Sensory Visits	17 10:00 Bowling  2:30 Afternoon Movie 1:1 Visits
18 10:30 Church Service, Harrison MPR	19 10:00 Art w/ Colleen 2:00 Resident Council, MPR Afternoon 1:1 Visits	20 Morning Reading Groups  1:30 Hymn Sing, 3W	21 Morning Parashoot Active Game  2:30 Music with Michelle	22 Morning Table Games  Afternoon Manicures <i>Pet Therapy Visits</i>	23 Morning Fun and Fitness 11:00 Music with Klavdiia  Afternoon Sensory Visits	24 10:00 Bingo  <b>Afternoon Scenic Drive</b>  
25 10:30 Church Service, Harrison MPR	26 Morning Fun & Fitness  Afternoon 1:1 Visits	27 Morning Reading Groups  1:30 Hymn Sing, 4W	28 Morning Fun & Fitness  2:30 Music with Michelle	29 Morning Table Games  Afternoon Manicures	30 Morning Fun and Fitness 2:00All About Oktoberfest  <b>NATIONAL TRUTH &amp; RECONCILIATION DAY</b>	

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