

MARCH 2023

HARRISON WELLNESS CALENDAR I SOUTH & I EAST



SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Fun & Fitness, IE 2:30 Short Stories, IS	2 10:00 Music w/ Michelle, IS <i>*Teisha's Admin Time*</i> Afternoon Sensory Visits and Snoezelen Cart	3 10:15 Active Games 2:30 Word Games	4 10:15 Bingo, MPR 2:30 Table Games, IE
			5 1:30 Church Service, MPR Happy Birthday Maria!	6 10:00 Music w Rachel, IE 10:15 Fun & Fitness, IS 2:00 Bible Study, MPR	7 10:00 Cross Words, IE 2:30 Hymn Sing, MPR	8 10:15 Fun & Fitness, IE 2:30 Tea and Chat, IE
12 1:30 Church Service, MPR	13 10:00 Music w Rachel 10:15 Fun & Fitness, IS Afternoon Bus Trip to Aldor Acres 2:00 Bible Study, MPR Happy Birthday Swaran!	14 10:15 Armchair Travel to Ireland 2:30 Hymn Sing, MPR Happy Birthday Len!	15 10:15 Fun & Fitness, IE Ladies Luncheon , MPR (By Invite only) 2:30 Short Stories, IS	16 10:00 Music w/ Michelle, IS <i>*Teisha's Admin Time*</i> 1:30 Steel School of Irish Dance, MPR	17 10:15 Active Games 2:30 Word Games ST. PATRICK'S DAY	18 10:15 Bingo, MPR 2:00 Movie, MPR
19 1:30 Church Service, MPR	20 10:00 Music w Rachel, IE 10:15 Fun & Fitness, IS 2:00 Bible Study, MPR 3:15 Resident Council	21 10:00 Cross Words, IE 2:30 Hymn Sing, MPR <i>Library Book Pick Up</i>	22 10:15 Fun & Fitness, IE Luncheon, MPR (By Invite Only) 2:30 Tea and Chat, IE	23 10:00 Music w/ Michelle, IE <i>*Teisha's Admin Time*</i> Afternoon Sensory Visits and Snoezelen Cart	24 10:15 Baking 2:30 Word Games	25 10:15 Bingo, MPR 2:30 Jukebox Request, IS
26 1:30 Church Service, MPR	27 10:00 Music w Rachel, IE 10:15 Fun & Fitness, IS 2:00 Bible Study, MPR	28 10:00 Cross Words, IE 2:30 Hymn Sing, MPR	29 10:15 Fun & Fitness, IE 3:15 Irish Music with Michelle Carlisle, MPR	30 10:00 Music w/ Michelle, IS <i>*Teisha's Admin Time*</i> Afternoon Sensory Visits and Snoezelen Cart	31 10:15 Active Games 2:30 Word Games	

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Teisha at 8847 or tfocken@elimvillage.com

MARCH 2023

HARRISON WELLNESS CALENDAR 2 SOUTH & 2 EAST




SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Fun & Fitness, 2E 2:30 Short Stories, Wellness Room 2E	2 10:15 Bingo, 2E 2:30 Jukebox Request	3 10:15 Ball Toss & Trivia, 2E 2:30 Music w/ Michelle, 2E	4 10:15 Bingo, MPR <i>*Micah's Admin Time*</i> Wellness Visits
			5 1:30 Church Service, MPR	6 10:15 Fun & Fitness 2:00 Bible Study, MPR Snoezelen Cart	7 Morning Manicures + Travelling Snack Cart, 2S 2:30 Hymn Sing, MPR	8 10:15 Fun & Fitness, 2E 2:30 Tea Party, 2E
12 1:30 Church Service, MPR	13  10:15 Fun & Fitness Afternoon Bus Trip to Aldor Acres 2:00 Bible Study, MPR	14 10:15 Armchair Travel to Ireland 2:30 Hymn Sing, MPR	15 Ladies Luncheon , MPR (By Invite only) 2:30 Fun & Fitness, 2E Happy Birthday Lisbeth!	16 10:15 Bingo, 2E 1:30 Steel School of Irish Dance, MPR	17 10:15 Ball Toss & Trivia, 2E 2:30 Music w/ Michelle, 2E ST. PATRICK'S DAY	18 10:15 Bingo, MPR 2:00 Movie, MPR Happy Birthday Andriani!
19 1:30 Church Service, MPR	20 10:15 Fun & Fitness, 1E 2:00 Bible Study, MPR Snoezelen Cart 3:15 Resident Council	21 Morning Manicures + Travelling Snack Cart, 2S 2:30 Hymn Sing, MPR <i>Library Book Pick Up</i>	22 10:15 Fun & Fitness, 2E Luncheon, MPR (By Invite Only) 2:30 Short Stories, Wellness Room 2E	23 10:15 Bingo, 2E 2:30 Read-a-Long, Wellness Room 2E	24 10:15 Ball Toss & Trivia, 2E 2:30 Music w/ Michelle, 2S	25 10:15 Bingo, MPR <i>*Micah's Admin Time*</i> Wellness Visits
26 1:30 Church Service, MPR Happy Birthday Deanna!	27 10:15 Fun & Fitness, 1E 2:00 Bible Study, MPR	28 Morning Manicures + Travelling Snack Cart, 2E 2:30 Hymn Sing, MPR Happy Birthday John T!	29 10:15 Fun & Fitness, 2E 3:15 Irish Music with Michelle Carlisle, MPR	30 10:15 Bingo, 2E 2:30 Jukebox Request	31 10:15 Ball Toss & Trivia, 2E 2:30 Music w/ Michelle, 2E	

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MARCH 2023

HARRISON WELLNESS CALENDAR 2 NORTH AND 3 NORTH



SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:00 Ball Toss, 2N 10:45 Ball Toss, 3N 2:30 Music Bingo, 3N Happy Birthday Kala!	2 10:15 Fun and Fitness, 2N 2:00 Jukebox Requests, 3N One to One Visits, 2N	3 9:45 Music w/ Michelle, 2N 9:45 Short Stories, 3N 2:30 Active Game, 2N	4 10:15 Bingo, MPR Afternoon Sensory Visits
5 1:30 Church Service, MPR	6 Morning Snoezelen Room 1:30 Music w/ Michelle, 3N 2:00 Bible Study, MPR	7 10:00 Sorting & Organizing, 2 10:45 Sorting & Organizing, 3 2:30 Hymn Sing, MPR	8 10:00 Ball Toss, 2N 10:45 Ball Toss, 3N 2:30 Table Games and Puzzles	9 10:15 Fun and Fitness, 2N 2:00 Jukebox Requests, 3N One to One Visits, 2N	10 9:45 Music w/ Michelle, 2N 9:45 Short Stories, 3N 2:30 Active Game, 3N	11 10:15 Bingo, MPR Afternoon Sensory Visits
12 1:30 Church Service, MPR	13 Morning Snoezelen Room  Afternoon Bus Trip to Aldor Acres 1:30 Music w/ Michelle, 3N 2:00 Bible Study, MPR	14 10:15 Armchair Travel to Ireland 2:30 Hymn Sing, MPR	15 10:00 Ball Toss, 2N 10:45 Ball Toss, 3N Ladies Luncheon, MPR (By Invite only) 2:30 Music Bingo, 3N	16 10:15 Fun and Fitness, 2N 1:30 Steel School of Irish Dance, MPR 2:00 Jukebox Requests, 3N One to One Visits, 2N	17 9:45 Music w/ Michelle, 2N 9:45 Short Stories, 3N 2:30 Active Game, 2N ST. PATRICK'S DAY	18 10:15 Bingo, MPR 2:00 Movie, MPR
19 1:30 Church Service, MPR	20 Morning Snoezelen Room 1:30 Music w/ Michelle, 3N 2:00 Bible Study, MPR 3:15 Resident Council	21 10:00 Sorting & Organizing, 2 10:45 Sorting & Organizing, 3 2:30 Hymn Sing, MPR <i>Library Book Pick Up</i>	22 10:00 Ball Toss, 2N 10:45 Ball Toss, 3N Luncheon, MPR (By Invite Only)	23 10:15 Fun and Fitness, 2N 2:00 Jukebox Requests, 3N One to One Visits, 2N	24 9:45 Music w/ Michelle, 2N 9:45 Short Stories, 3N 2:30 Active Game, 3N	25 10:15 Bingo, MPR Afternoon Sensory Visits
26 1:30 Church Service, MPR	27 Morning Snoezelen Room 1:30 Music w/ Michelle, 3N 2:00 Bible Study, MPR	28 10:00 Sorting & Organizing, 2 10:45 Sorting & Organizing, 3 2:30 Hymn Sing, MPR	29 10:00 Ball Toss, 2N 10:45 Ball Toss, 3N 3:15 Irish Music with Michelle Carlisle, MPR Happy Birthday Jemima!	30 10:15 Fun and Fitness, 2N 2:00 Jukebox Requests, 3N One to One Visits, 2N	31 9:45 Music w/ Michelle, 2N 9:45 Short Stories, 3N 2:30 Active Game, 2N	

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MARCH 2023

HARRISON WELLNESS CALENDAR 3 SOUTH & 3 EAST




SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:00 Music w/ Michelle, 3E 11:00 Music w/ Michelle, 3S 2:30 Short Stories, 2E	2 10:15 Active Games, 3E 2:30 Card Bingo	3 10:15 Reading Group, 3E 2:30 Table Games	4 10:15 Bingo, MPR 2:30 Manicures
			5 1:30 Church Service, MPR	6 10:15 Fun & Fitness, 3E 11:00 Music w/ Kerstie, 3E 2:00 Bible Study, MPR	7 10:00 Ball Toss, 3E 2:30 Hymn Sing, MPR	8 10:00 Music w/ Michelle, 3E 11:00 Music w/ Michelle, 3S 2:30 Tea Party, 2E
12 1:30 Church Service, MPR	13 10:15 Fun & Fitness, 3E 11:00 Music w/ Kers Afternoon Bus Trip to Aldor Acres 2:00 Bible Study, MPR	14 10:15 Armchair Travel to Ireland 2:30 Hymn Sing, MPR	15 10:00 Music w/ Michelle 11:00 Music w/ Michelle, 3S Ladies Luncheon , MPR (By Invite only) 2:30 Short Stories, 2E Happy Birthday Balvir!	16 10:15 Active Games, 3E 1:30 Steel School of Irish Dance, MPR	17 10:15 Reading Group, 3E 2:30 Table Games ST. PATRICK'S DAY	18 10:15 Bingo, MPR 2:00 Movie, MPR
19 1:30 Church Service, MPR	20 10:15 Fun & Fitness, 3E 11:00 Music w/ Kerstie, 3E 2:00 Bible Study, MPR 3:15 Resident Council Happy Birthday Ed!	21 10:00 Ball Toss, 3E 2:30 Hymn Sing, MPR <i>Library Book Pick Up</i>	22 10:00 Music w/ Michelle, 3E 11:00 Music w/ Michelle, 3S Luncheon, MPR (By Invite Only)	23 10:15 Word Games/Trivia 2:30 Creative Story Telling	24 10:15 Fun & Fitness, 3E 2:30 Manicures	25 10:15 Bingo, MPR 2:30 Heart for Music
26 1:30 Church Service, MPR	27 10:15 Fun & Fitness, 3E 11:00 Music w/ Kerstie, 3E 2:00 Bible Study, MPR	28 10:00 Ball Toss, 3E 2:30 Hymn Sing, MPR	29 10:00 Music w/ Michelle, 3E 11:00 Music w/ Michelle, 3S 3:15 Irish Music with Michelle Carlisle, MPR	30 10:15 Active Games, 3E 2:00 Card Bingo Snoezelen Room Visits	31 10:15 Reading Group, 3E 2:30 Table Games	

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MARCH 2023

HARRISON WELLNESS CALENDAR 2 WEST



SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Fun & Fitness 2:30 Bowling, 3W Happy Birthday Eleanore!	2 10:15 Discussion Group 2:00 Table Games Afternoon Nordic Chair	3 10: 15 Fun & Fitness Afternoon Sensory Visits and Snoezelen Cart	4 10:15 Tea Discussion Group 2:15 Bingo, 2W
			5 10:30 Church Service, MPR	6 11:00 Music w/ Michelle <i>*Jot's Admin Time*</i> 2:00 Bible Study, MPR	7 10:00 Morning Tea Discussion 1:30 Hymn Sing, 2W	8 10:15 Fun & Fitness 2:30 Active Game, 4W
12 10:30 Church Service, MPR	13 11:00 Music w/ Michelle <i>*Jot's Admin Time*</i> 2:00 Bible Study, MPR	14 10:00 Morning Tea Discussion 1:30 Hymn Sing, 3W	15 10:15 Fun & Fitness 2:30 Parachute Fun, 2W	16 10:15 Discussion Group 1:30 Steel School of Irish Dance, MPR Nordic Chair	17 10: 15 Fun & Fitness  Afternoon Bus Trip to Aldor Acres ST. PATRICK'S DAY	18 10:15 Bingo, MPR 2:00 Movie, MPR
19 10:30 Church Service, MPR	20 11:00 Music w/ Michelle <i>*Jot's Admin Time*</i> 2:00 Bible Study, MPR 3:15 Resident Council	21 10:00 Morning Tea Discussion 1:30 Hymn Sing, 4W <i>Library Book Pick Up</i>	22 10:15 Fun & Fitness 2:30 Music Bingo	23 10:15 Discussion Group Luncheon, MPR (By Invite Only) 2:00 Table Games	24 10: 15 Fun & Fitness Afternoon Sensory Visits and Snoezelen Cart	25 10:15 Tea Discussion Group 2:15 Bingo, 4W
26 10:30 Church Service, MPR	27 10:00 Morning Tea Discussion 2:00 Bible Study, MPR	28 11:00 Music w/ Michelle <i>*Jot's Admin Time*</i> 1:30 Hymn Sing, 2W Happy Birthday Sum!	29 10:15 Fun & Fitness 1:45 Irish Music with Michelle Carlisle, 3W	30 10:15 Discussion Group 2:00 Table Games Afternoon Nordic Chair	31 10: 15 Fun & Fitness Afternoon Sensory Visits and Snoezelen Cart	

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MARCH 2023

HARRISON WELLNESS CALENDAR 3 WEST



SUN	MON	TUE	WED	THU	FRI	SAT
			1 <i>Hair Salon Appointments</i> 10:15 Fun & Fitness 2:30 Bowling, 3W Happy Birthday Maritza!	2 10:15 Short Stories 2:30 Ball Toss	3 10: 15 Fun & Fitness *Shaunna's Admin Time* Wellness Visits	4 Morning Sensory Visits and Snoezelen Cart 2:15 Bingo, 2W
			5 10:30 Church Service, MPR	6 10:15 Fun & Fitness 2:00 Bible Study, MPR	7 9:45 Music w/ Michelle 1:30 Hymn Sing, 2W	8 <i>Hair Salon Appointments</i> 10:15 Fun & Fitness 2:30 Active Game, 4W Happy Birthday Huai!
12 10:30 Church Service, MPR	13 10:15 Fun & Fitness, 3E 2:00 Bible Study, MPR	14 9:45 Music w/ Michelle 1:30 Hymn Sing, 3W Happy Birthday Tsai!	15 <i>Hair Salon Appointments</i> 10:15 Fun & Fitness 2:30 Parachute Fun, 2W	16 10:15 Short Stories 1:30 Steel School of Irish Dance, MPR 2:30 Ball Toss	17 10:15 Fun & Fitness  Afternoon Bus Trip to Aldor Acres Wellness Visits ST. PATRICK'S DAY	18 Morning Sensory Visits and Snoezelen Cart 2:00 Movie, MPR
19 10:30 Church Service, MPR	20 10:15 Fun & Fitness, 3E 2:00 Bible Study, MPR 3:15 Resident Council	21 9:45 Music w/ Michelle 1:30 Hymn Sing, 4W <i>Library Book Pick Up</i> Happy Birthday Rose!	22 Hair Salon Appointments 10:15 Fun & Fitness 2:30 Table Games	23 10:15 Short Stories Luncheon, MPR (By Invite Only) 2:30 Ball Toss	24 10:15 Fun & Fitness *Shaunna's Admin Time* Wellness Visits	25 Morning Sensory Visits and Snoezelen Cart 2:15 Bingo, 4W Happy Birthday Geoff!
26 10:30 Church Service, MPR	27 10:15 Fun & Fitness, 3E 2:00 Bible Study, MPR	28 9:45 Music w/ Michelle 1:30 Hymn Sing, 2W	29 <i>Hair Salon Appointments</i> 10:15 Fun & Fitness 1:45 Irish Music with Michelle Carlisle, 3W Happy Birthday Sandy!	30 10:15 Short Stories 2:30 Ball Toss	31 10:15 Fun & Fitness *Shaunna's Admin Time* Wellness Visits	

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MARCH 2023

HARRISON WELLNESS CALENDAR 4 WEST



SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Fun & Fitness 2:30 Bowling, 3W	2 Morning Manicures 2:45 Music w/ Michelle <i>*Chantelle's Admin Time*</i>	3 10: 15 Fun & Fitness 2:00 Crosswords	4 10:15 Read-A-Long 2:15 Bingo, 2W
			5 10:30 Church Service, MPR	6 10:15 Fun & Fitness 2:00 Bible Study, MPR	7 10:15 Short Stories 1:30 Hymn Sing, 2W	8 10:15 Fun & Fitness 2:30 Active Game, 4W
12 10:30 Church Service, MPR Happy Birthday Sharon!	13 10:15 Fun & Fitness 2:00 Bible Study, MPR Happy Birthday Charles and Luis!	14 Morning Tovertafel Magic Table, 3W 1:30 Hymn Sing, 3W	15 10:15 Fun & Fitness 2:30 Parachute Fun, 2W	16 Morning Manicures 1:30 Steel School of Irish Dance, MPR 2:45 Music w/ Michelle <i>*Chantelle's Admin Time*</i>	17 10: 15 Fun & Fitness  Afternoon Bus Trip to Aldor Acres 2:00 Crosswords ST. PATRICK'S DAY	18 10:15 Read- A-Long 2:00 Movie, MPR
19 10:30 Church Service, MPR	20 10:15 Fun & Fitness 2:00 Bible Study, MPR 3:15 Resident Council	21 10:15 Short Stories 1:30 Hymn Sing, 4W <i>Library Book Pick Up</i> Happy Birthday Ken!	22 10:15 Fun & Fitness 2:30 Jukebox Request, 4W	23 Morning Snoezelen Cart Luncheon, MPR (By Invite Only) 2:45 Music w/ Michelle <i>*Chantelle's Admin Time*</i>	24 10: 15 Fun & Fitness 2:00 Table Games Nordic Chair	25 10:15 Read-A-Long 2:15 Bingo, 4W
26 10:30 Church Service, MPR Happy Birthday David!	27 10:15 Fun & Fitness 2:00 Bible Study, MPR Happy Birthday John!	28 Morning Tovertafel Magic Table, 3W 1:30 Hymn Sing, 2W Happy Birthday Lois!	29 10:15 Fun & Fitness 1:45 Irish Music with Michelle Carlisle, 3W	30 Morning Manicures 2:45 Music w/ Michelle <i>*Chantelle's Admin Time*</i>	31 10: 15 Fun & Fitness 2:00 Crosswords	

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