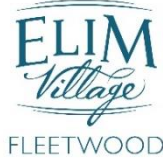









NOVEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Artisan Christmas Market</p> <p>Invite family & friends to attend the Artisan Christmas Market on Friday, Nov. 18th from 10am - 3pm. Explore hand-crafted artisan goods from local vendors. Admission is free, but consider bringing an item to donate to the Surrey Food Bank! See you there!</p>			<p>1</p> <p>10:00 Atlin Social (A) * 10:00 Carmanah Social (UL) * 1:30 Bus Outing: Save-On-Foods</p> 	<p>2</p> <p>9:30 Functional Fitness 10:00 Scenic Drive: White Rock 10:45 Chair Fit 2:30 Movie Matinee: The Parent Trap * 3:00 Elim Choir Practice (HW) *</p> 	<p>3</p> <p>1:30 Steady Stretch (UL) 2:30 Catholic Mass (E) *</p>	<p>4</p>
<p>5</p> <p>11:15 Worship Service *</p>	<p>6</p> <p>1:30 Bible Study * 7:00 Knit & Crochet Circle (A) * 7:00 Carpet Bowling *</p>	<p>7</p> <p>9:30 Functional Fitness 10:00 Art Expression (E) 10:45 Chair Fit 1:30 Dare To Care (OF) * 1:30 Steady Stretch (UL) 3:30 Hymn Sing (E) *</p>	<p>8</p> <p>10:00 Bus Outing: Walmart & McDonald's Lunch 10:00 Diamond Social (UL) * 10:00 South Duplex Social (OB)*</p> 	<p>9</p> <p>9:30 Functional Fitness 10:45 Chair Fit 3:00 Elim Choir Practice (HW) *</p>	<p>10</p> <p>10:00 Kootenay Social (K) * 1:30 Steady Stretch (UL) 2:30 Catholic Mass (H) * 5:30 Community Dinner (HW) - ticket sales start Oct 27th</p>	<p>11 REMEMBRANCE DAY 7:00 Video Presentation: Remembrance Day *</p>
<p>12</p> <p>11:15 Worship Service *</p>	<p>13</p> <p><i>no Bible Study today</i> 7:00 Carpet Bowling *</p>	<p>14</p> <p>9:00 Resident Council (UL) * 9:30 Functional Fitness 10:45 Chair Fit 1:00 - 3:00 Hearing Clinic * - sign up: call 604-533-4797 1:30 Steady Stretch (UL) 3:30 Hymn Sing (E) *</p>	<p>15</p> <p>1:30 Bus Outing: Save-On-Foods</p>	<p>16</p> <p>9:30 Functional Fitness 10:00 Bus Outing: Mennonite Christmas Market & Lunch 10:45 Chair Fit 3:00 Elim Choir Practice (HW) * 3:30 Virtual Reality: National Parks (OF)</p> 	<p>17</p> <p>1:30 Steady Stretch (UL) 2:30 Catholic Mass (E) *</p>	<p>18</p> <p>10:00 - 3:00 Artisan Christmas Market</p>
<p>19</p> <p>11:15 Worship Service *</p>	<p>20</p> <p>1:30 Bible Study * 7:00 Knit & Crochet Circle (A) * 7:00 Carpet Bowling *</p>	<p>21</p> <p><i>no fitness classes today</i> 10:00 Art Expression (E) 10:30 Day of Inspiration * 3:30 Hymn Sing (E) *</p>	<p>22</p> <p>10:00 Annual General Meeting * 10:30 Bus Outing: Surrey Museum & Elisabeth's Chalet</p> 	<p>23</p> <p>9:30 Functional Fitness 10:45 Chair Fit 3:00 Elim Choir Practice (HW) * 3:30 Brain Game: Hidden in Plain Sight (OB) *</p>	<p>24</p> <p>10:00 - 3:00 Emerald Christmas Market (E) 1:30 Steady Stretch (UL) 2:30 Catholic Mass (H) * 7:00 Mennonite Educational Institute Christmas Concert *</p>	<p>25</p>
<p>26</p> <p>11:15 Worship Service *</p>	<p>27</p> <p>1:30 Bible Study * 7:00 Carpet Bowling *</p>	<p>28</p> <p>Walker/WC Clinic (HW) 9:30 Functional Fitness 10:00 Bowron & ND Social (B) * 10:45 Chair Fit 1:30 Steady Stretch (UL) 2:00 Writing Our Stories (OF) * 3:30 Hymn Sing (E) *</p>	<p>29</p> <p>1:30 Bus Outing: Save-On-Foods</p> 	<p>30</p> <p>9:30 Functional Fitness 10:45 Chair Fit 1:30 Grief Share: Surviving the Holidays (OF) * 3:30 Virtual Reality: Visit Paris (OF)</p>	<p>ABBREVIATION KEY:</p> <p>A= Atlin B = Bowron E= Emerald H = Harrison MPR HW = Harrison West Chapel K = Kootenay</p>	<p>OB = Oasis Bistro OF = Oasis Family Room UL = Oasis Upper Lounge * = Event free of charge <i>Unless stated otherwise take place in the Oasis</i>  = Bus Outing</p>