

February 2023

HARRISON WELLNESS CALENDAR I SOUTH & I EAST



SUN

MON

TUE

WED

THU

FRI

SAT

				1 10:00 Music with Michelle, IS 10:45 Music with Aman, IE 2:00 Pet Therapy Visits, IE 2:30 Crosswords, IE	2 10:15 Fun & Fitness, IE 2:15 Card Bingo 2:30 Catholic Mass, Emerald	3 10:15 Bingo, MPR 2:15 Jeopardy
				4 1:30 Church Service, MPR	5 10:15 Fun & Fitness, IE 2:00 Bible Study, MPR	6 10:15 Short Stories, IS 2:30 Hymn Sing, MPR
11 1:30 Church Service, MPR <i>Happy Birthday, Ruth S.</i>	12 10:15 Fun & Fitness, IE 2:00 Bible Study, MPR	13 10:15 Crosswords, IE 2:30 Hymn Sing, MPR	14 Valentine's Day 10:15 Active Games, IE 2:15 Baking and 'Fun Facts' about Valentine's day, IS	15 10:00 Music with Michelle, IS 10:45 Music with Aman, IE 2:15 Jeopardy, IE 3:00 Spiritual Reflections with Ginny, IE	16 10:15 Fun & Fitness, IE 2:15 Card Bingo 2:30 Catholic Mass (Emerald)	17 10:15 Bingo, MPR 2:15 WHO,WHAT, WHERE Trivia
18 1:30 Church Service, MPR Happy Birthday, Miriam!	19 Family Day 10:15 Fun & Fitness, IE Afternoon Snack Cart	20 10:00 Crosswords, IS 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR Library Book Pick-Up	21 10:15 Active Games, IE 1:15 Kindergarten Student Visits, IE Afternoon Manicures	22 10:00 Music with Michelle, IS 10:45 Music with Aman, IE 2:30 Music with Brian Flanagan, MPR	23 10:15 Fun & Fitness, IE 2:15 Trivia and afternoon snack 2:30 Catholic Mass (MPR)	24 Morning Glam Day, MPR 2:15 Bingo, MPR
25 1:30 Church Service, MPR	26 10:15 Fun & Fitness, IE 2:00 Bible Study, MPR	27 10:15 Short Stories, IS 2:30 Hymn Sing, MPR	28 10:15 Active Games, IE 2:15 Creative Colouring, IS	29 10:00 Music with Michelle, IS 10:45 Music with Aman, IE 2:15 Crosswords, IE		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Brittany at 8847 or bmonterroza@elimvillage.com

February 2023

HARRISON WELLNESS CALENDAR 2 SOUTH & 2 EAST



SUN

MON

TUE

WED

THU

FRI

SAT

				1		3
				10:15 Bingo 2:30 Short Stories	10:15 Posture Pleasure, 2E 2:30 Catholic Mass (Emerald) Afternoon Tea & Chat	10:15 Bingo, MPR 2:15 Baking (Banana Bread)
4	5	6	7	8	9	10
1:30 Church Service, MPR	10:15 Fun & Fitness, 2E 2:00 Bible Study, MPR	10:15 Word Games 2:30 Hymn Sing, MPR	11:00 Fun & Fitness Wellness Education Day	10:15 Bingo 2:00 Pet Therapy Visits 3:15 Music with Classic Rewind, MPR	10:15 Beer Barrel Polka, 2E 2:30 Catholic Mass (MPR) 2:30 Music with Michelle, 2E Happy Birthday, Maria C!	10:15 Bingo, MPR Afternoon Movie, MPR
11	12	13	14	15	16	17
1:30 Church Service, MPR Happy Birthday, Ian!	10:15 Fun & Fitness, 2E 2:00 Bible Study, MPR 2:15 Trivia, 2E Happy Birthday, Jack T!	10:15 Complete the Proverb 2:30 Hymn Sing, MPR Happy Birthday, Chris!	14 Valentine's Day Morning Fitness (Power Posing) Afternoon Tea & 'Fun Facts' about Valentine's Day	10:15 Bingo 2:00 Spiritual Reflections with Ginny, 2E 3:15 You Be The Judge	10:15 Tai Chi (seated), 2E 2:30 Catholic Mass (Emerald) 2:30 Music with Michelle, 2E Happy Birthday, Dorothy P!	10:15 Bingo, MPR Afternoon Tea & Chat
18	19	20	21	22	23	24
1:30 Church Service, MPR	19 Family Day 10:15 Fun & Fitness, 2E Afternoon Snack Cart	10:00 Word Games 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR Library Book Pick-Up	21 Morning Fitness (Power Posing) 2:15 Baking & Tea with 2 North, 2E Library Book delivered	10:15 Bingo 2:30 Music with Brian Flanagan MPR	10:15 Ball Toss, 2E 2:30 Catholic Mass (MPR) 2:30 Music with Michelle, 2E	Morning Glam Day, MPR 2:15 Bingo, MPR
25	26	27	28	29		
1:30 Church Service, MPR	10:15 Fun & Fitness, 2E 2:00 Bible Study, MPR	10:15 Finish The Line 2:30 Hymn Sing, MPR	28 Morning Fitness (Power Posing) Afternoon: Nordic Chair sessions & 1:1 visits	10:15 Bingo 2:30 Short Stories		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Teisha at 4063 or bmonterroza@elimvillage.com

February 2023

HARRISON WELLNESS CALENDAR 2 & 3 NORTH



SUN

MON

TUE

WED

THU

FRI

SAT

				1 10:00 Active Game, 3N 10:45 Music with Michelle, 2N 2:00 Pet Therapy Visits, 3N 2:30 Word Games, 2N	2 Morning Manicures 2:00 Ball Toss 2N 2:30 Catholic Mass (Emerald) 3:00 Ball Toss 3N	3 10:15 Bingo, MPR 2:15 Table Games , 2N Happy Birthday, Patrick!
				4 1:30 Church Service, MPR	5 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Bible Study, MPR 2:30	6 10:15 Baking, 2N 2:30 Hymn Sing, MPR
11 1:30 Church Service, MPR	12 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Bible Study, MPR 2:00 Music with Michelle, 3N	13 10:15 Bingo 2:30 Hymn Sing, MPR	14 Valentine's Day Morning Snoezelen Visits, 3N 2:00 Colouring 2N 3:00 Spiritual Reflections with Ginny, 3E	15 10:30 Active Game, 3N 2:00 Spiritual Reflections with Ginny, 2E 3:00 Nordic Chair sessions, 3N	16 9:45 Music with Michelle, 2N 2:00 Ball Toss, 2N 2:30 Catholic Mass (Emerald) 3:00 Ball Toss, 3N	17 10:15 Bingo, MPR 2:15 Table Games , 2N
18 1:30 Church Service, MPR	19 Family Day 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N Travelling Snack Cart	20 10:00 Bingo 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR <i>Library Book Pick-Up</i>	21 Morning Snoezelen Visits, 3N 2:15 Baking & Tea, 2E <i>Library Book delivered</i>	22 10:30 Active Game, 3N 2:00 Pet Therapy Visits 2:30 Music with Brian Flanagan MPR	23 9:45 Music with Michelle, 2N 2:00 Ball Toss 2N 2:30 Catholic Mass (MPR) 3:00 Ball Toss 3N	24 Morning Glam Day, MPR 2:15 Bingo, MPR
25 1:30 Church Service, MPR	26 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Bible Study, MPR 2:00 Music with Michelle, 3N	27 10:15 Bingo 2:30 Hymn Sing, MPR	28 Morning Snoezelen Visits, 3N Afternoon 'Pretty Lady' Manicures	29 10:30 Active Game, 3N 2:00 Trivia, 3N 3:00 Nordic Chair sessions, 2N		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Raman at 8846 or bmonterroza@elimvillage.com

February 2023

HARRISON WELLNESS CALENDAR 3 SOUTH & 3 EAST



SUN

MON

TUE

WED

THU

FRI

SAT

				1 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:30 Creative Corner, 3E	2 10:30 Java Music Club, 3S 2:30 Active Games, 3E 2:30 Catholic Mass (Emerald)	3 10:15 Bingo, MPR Afternoon Nordic Chair Sessions
				4 1:30 Church Service, MPR	5 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:00 Bible Study, MPR Afternoon Manicures	6 Homemade Bread 10:30 Card Bingo, 3S 2:30 Hymn Sing, MPR
11 1:30 Church Service, MPR	12 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:00 Bible Study, MPR Afternoon Manicures	13 Homemade Bread 10:30 Card Bingo, 3S 2:30 Hymn Sing, MPR	14 Valentine's Day 10:00 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Tea and Chat, 3E 3:00 Spiritual Reflections with Ginny, 3E	15 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:00 Pet Therapy Visits 2:30 All About Me Discussion Group, 3E	16 10:30 Java Music Club, 3S 2:30 Active Games, 3E 2:30 Catholic Mass (Emerald)	17 10:15 Bingo, MPR Afternoon Nordic Chair Sessions <i>Happy Birthday, Elizabeth N.</i>
18 1:30 Church Service, MPR	19 Family Day 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S Afternoon Manicures	20 10:00 Card Bingo, 3S 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR <i>Library Book Pick-Up</i>	21 10:00 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Puzzles and Colouring, 3S <i>Library Book delivered</i>	22 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:30 Music with Brian Flanagan, MPR	23 10:30 Java Music Club, 3S 2:30 Active Games, 3E 2:30 Catholic Mass (MPR)	24 Morning Glam Day, MPR 2:15 Bingo, MPR
25 1:30 Church Service, MPR Happy Birthday, Mohammed!	26 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:00 Bible Study, MPR Afternoon Manicures	27 Homemade Bread 10:30 Card Bingo, 3S 2:30 Hymn Sing, MPR	28 10:00 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Tea and Chat, 3E	29 10:15 Fun and Fitness, 3E 11:00 Ball Toss, 3S 2:15 Creative Corner, 3E		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Colleen at 4067 or cryans@elimvillage.com

February 2023

WELLNESS CALENDAR 2 WEST



SUN

MON

TUE

WED

THU

FRI

SAT

				1	2	3
				10:15 Fun & Fitness 2:00 Card Bingo	10:15 Bingo 2:30 Catholic Mass, MPR	10:15 Fun & Fitness Afternoon Jukebox Requests
4	5	6	7	8	9	10
10:30 Church Service, MPR	11:00 Finish the Lyrics Trivia 2:00 Bible Study, MPR	10:15 Fun & Fitness 2:30 Hymn Sing, MPR	10:15 Dominos Wellness Education Day	10:15 Fun & Fitness 1:45 Concert by Classic Rewind, 3W	10:15 Bowling 2:00 Creative Corner 2:30 Catholic Mass, Emerald	10:15 Fun & Fitness Afternoon Movie, MPR
11	12	13	14	15	16	17
10:30 Church Service, MPR	11:00 Music with Michelle 2:00 Bible Study, MPR	10:15 Fun & Fitness 2:30 Hymn Sing, MPR	Valentine's Day 10:15 Dominos 2:30 Friend's Tea, 3W	10:15 Fun & Fitness 2:00 Nordic Chair Sessions	10:15 Bingo 2:30 Catholic Mass, MPR	10:15 Fun & Fitness 2:30 Jeopardy! 4W
18	19	20	21	22	23	24
10:30 Church Service, MPR	Family Day 11:00 All About Me Discussion Group 2:00 ToverTafel Table Games, 3W	10:15 Fun & Fitness 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR Library Book Pick-Up	10:15 Dominos 2:30 Music with Brian Flanagan, 4W	10:30 Reminiscing with the Surrey Museum 2:00 Spiritual Reflections with Ginny, 3W 3:00 Card Bingo Happy 100th Birthday, Nell!	10:15 Bingo 2:30 Catholic Mass, Emerald	Morning Glam Day, MPR 10:15 Fun & Fitness 2:30 Jeopardy! 4W
25	26	27	28	29		
10:30 Church Service, MPR	11:00 Music with Michelle 2:00 Bible Study, MPR	10:15 Fun & Fitness 2:30 Hymn Sing, MPR	10:15 Dominos 2:00 You Be The Judge	10:15 Fun & Fitness 2:00 Nordic Chair Sessions		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Jot at 8825 or grai@elimvillage.com

February 2023

WELLNESS CALENDAR 3 WEST



SUN

MON

TUE

WED

THU

FRI

SAT

				1	2	3
				10:15 Word Games 2:30 Java Music Club	10:15 Bingo 2:30 Catholic Mass, Emerald	10:15 Active Game 2:30 Reading Group
4	5	6	7	8	9	10
10:30 Church Service, MPR	10:15 Fun and Fitness 2:00 Bible Study, MPR	9:45 Music with Michelle 1:30 Hymn Sing, MPR	11:00 Ball Toss Wellness Education Day	10:15 Word Games 1:45 Concert by Classic Rewind, 3W	10:15 Bowling 2:30 Catholic Mass, MPR 2:30 Baking Happy Birthday, Pauline!	10:15 Active Game Afternoon Movie, MPR
11	12	13	14	15	16	17
10:30 Church Service, MPR	10:15 Fun and Fitness 2:00 Bible Study, MPR	9:45 Music with Michelle 1:30 Hymn Sing, MPR	Valentine's Day 10:15 Ball Toss 1:15 Kindergarten Student Visit 2:30 Friend's Tea, 3W	10:30 Reminiscing with the Surrey Museum 2:30 Java Music Club	10:15 Bingo 2:30 Catholic Mass, Emerald	10:15 Active Game 2:30 Jeopardy! 4W
18	19	20	21	22	23	24
10:30 Church Service, MPR	Family Day 10:15 Fun and Fitness Afternoon Travelling Snack Cart	9:45 Music with Michelle 11:00 Resident Council, MPR 1:30 Hymn Sing, MPR <i>Library Book Pick-Up</i>	10:15 Ball Toss 2:30 Music with Brian Flanagan, 4W	10:15 Word Games 2:00 Spiritual Reflections with Ginny, 3W 3:30 ToverTafel Table Games	10:15 Bingo 2:30 Catholic Mass, MPR 2:30 Baking	Morning Glam Day, MPR 2:30 Jeopardy! 4W
25	26	27	28	29		
10:30 Church Service, MPR	10:15 Fun and Fitness 2:00 Bible Study, MPR	9:45 Music with Michelle 1:30 Hymn Sing, MPR	10:15 Ball Toss 2:15 Tea and Chat	10:15 Word Games 2:30 Reading Group		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Shaunna at 8835 or smartin@elimvillage.com

February 2023

WELLNESS CALENDAR 4 WEST



SUN

MON

TUE

WED

THU

FRI

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				1	2	3
				<p>Morning Manicures</p> <p>2:00 Music with Michelle *Chantelle Admin Time*</p>	<p>10:15 Bingo</p> <p>2:00 ToverTafel Table Games, 3W</p> <p>2:30 Catholic Mass, Emerald</p>	<p>10:15 Fun & Fitness</p> <p>Afternoon Jukebox Requests</p>
4	5	6	7	8	9	10
<p>10:30 Church Service, MPR</p>	<p>10:15 Fun & Fitness</p> <p>2:00 Bible Study, MPR</p> <p>2:30 Trivia</p>	<p>10:15 Reading Group</p> <p>10:45 Music with Aman</p> <p>1:30 Hymn Sing, MPR</p>	<p>2:00 Active Game</p> <p>Wellness Education Day</p>	<p>10:30 Reminiscing with the Surrey Museum</p> <p>1:45 Concert by Classic Rewind, 3W</p> <p>2:00 Music with Michelle</p>	<p>10:15 Bowling</p> <p>2:15 Java Music Club</p> <p>2:30 Catholic Mass, MPR</p>	<p>10:15 Fun & Fitness</p> <p>Afternoon Movie, MPR</p>
11	12	13	14	15	16	17
<p>10:30 Church Service, MPR</p>	<p>10:15 Fun & Fitness</p> <p>2:00 Bible Study, MPR</p> <p>2:30 Trivia</p>	<p>10:15 Valentine's Craft</p> <p>10:45 Music with Aman</p> <p>1:30 Hymn Sing, MPR</p>	<p>Valentine's Day</p> <p>10:15 Fun & Fitness</p> <p>2:30 Friend's Tea, 3W</p>	<p>10:15 All About Me Discussion Group</p> <p>2:00 Music with Michelle *Chantelle Admin Time*</p>	<p>10:15 Bingo</p> <p>2:00 Baking</p> <p>2:30 Catholic Mass, Emerald</p>	<p>10:15 Fun & Fitness</p> <p>2:30 Jeopardy! 4W</p>
18	19	20	21	22	23	24
<p>10:30 Church Service, MPR</p>	<p>Family Day</p> <p>10:15 Fun & Fitness</p> <p>Afternoon Travelling Snack Cart</p>	<p>10:15 Reading Group</p> <p>11:00 Resident Council, MPR</p> <p>1:30 Hymn Sing, MPR</p> <p>Happy Birthday, Margaret!</p> <p><i>Library Book Pick-Up</i></p>	<p>10:15 Fun & Fitness</p> <p>2:30 Music with Brian Flanagan, 4W</p>	<p>Morning Manicures</p> <p>2:00 Spiritual Reflections with Ginny, 3W</p> <p>2:00 Music with Michelle *Chantelle Admin Time*</p>	<p>10:15 Bingo</p> <p>2:00 Java Music Club</p> <p>2:30 Catholic Mass, MPR</p>	<p>Morning Glam Day, MPR</p> <p>10:15 Fun & Fitness</p> <p>2:30 Jeopardy! 4W</p>
25	26	27	28	29		
<p>10:30 Church Service, MPR</p>	<p>10:15 Fun & Fitness</p> <p>2:00 Bible Study, MPR</p> <p>2:30 Trivia</p>	<p>10:15 Word Games</p> <p>10:45 Music with Aman</p> <p>1:30 Hymn Sing, MPR</p>	<p>10:15 Fun & Fitness</p> <p>Afternoon Sensory Visits and Nordic Chair Sessions</p>	<p>Morning Manicures</p> <p>2:00 Music with Michelle *Chantelle Admin Time*</p>		

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Chantelle at 8845 or cbroersma@elimvillage.com