

February 2024- THE HAWTHORN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>“And now these three remain: faith, hope and love. But the greatest of these is love” -1 Corinthians 13:13</p>				1 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	2 9:00 Hybrid Fitness 1:30 Bingo with Unity Christian School Students (Summit Dining Room)	3
4	5 9:00 Functional Fitness 10:00 Chair Fitness	6 10:00 Board Games in the Chehalis Cafe 1:30 Movie Matinee- Soul Surfer	7 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	8 1:30 Hymns & Praise with Darlene	9 9:00 Hybrid Fitness 2:00 Rebalance Rehab Education Session- Heart Health	10
11 2:30 Sunday Service Provided by Pastor Lorin	12 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Yahtzee (Summit Dining Room)	13 1:30 Movie Matinee- Rescued by Ruby 5:00 Valentine’s Community Dinner featuring Live Harp Music *	14 VALENTINE'S DAY 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	15 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	16 9:00 Hybrid Fitness 1:30 Classical Piano with Jessica Jou *	17
18	19 FAMILY DAY <i>*Please note: there are no fitness classes today.</i>	20 10:00 Hawthorn Birthday Social	21 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	22 1:30 Hymns & Praise with Darlene 1:30 Amplifon Hearing- Hearing Aid Clean and Check *by appointment only*	23 9:00 Hybrid Fitness	24
25 2:30 Sunday Service Provided by River of Life Church	26 9:00 Functional Fitness 10:00 Chair Fitness 1:30 Acrylic Painting Class * \$	27 2:00 Music with Barry Wilson*	28 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	29 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	Abbreviation Key: \$ = Cost associated with event * = Sign-up required All events/programs occur in the Selkirk Multipurpose Room, unless noted otherwise	