



MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div><div></div><div><p>“For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.” John 3:16</p></div></div>						
3 10:00 Worship Service (MPR) 3:15 Board Games (LL)	4 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: “Twin” themed activities (MPR)	5 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	6 9:45 Bus Outing: BC Truck Museum & Lunch at A&W 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Movie Matinee: I Can Only Imagine (MPR) 6:30 BINGO Night (LL)	7 10:30 Chair Fit (MPR) 1:30 PM Noodle Hockey (MPR) 3:15 Java Music Club (CK) ~by invitation 6:30 Jeopardy! Night (MPR)	8 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (H) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T)	9 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR)
10 10:00 Worship Service (MPR) 3:15 Board Games (LL)	11 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:00-3:00 Hearing Clinic* (MPR) ~free sign-up: call ext 2000 2:30 Crafter's Corner (LL) 6:30 Evening Social: Bocce Ball (MPR)	12 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	13 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save On Foods 1:30 Bocce Ball (MPR) 6:30 BINGO Night (LL)	14 10:30 Chair Fit (MPR) 1:30 Horse Race Game (MPR) 3:15 St.Patrick's Day social with the New Vintage Band (LL) 6:30 Jeopardy! Night (MPR)	15 9:30 Bus Outing: Bloedel Conservatory & Bagged lunch 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (MPR) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T)	16 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 1:30 Steel School of Dance Performance (MPR) 2:30 Bowling (MPR)
17 ST. PATRICK'S DAY 10:00 Worship Service (MPR) 3:15 Board Games (LL)	18 9:30 Bible Study (MPR) 10:30 Oral Self Care Presentation (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: St.Patrick's Day Word Games (MPR)	19 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	20 9:30 Bus Outing: Mission Thrift Store & Lunch at Brogan's Diner 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 2:30 Resident Council (MPR) 6:30 BINGO Night (LL)	21 10:30 Chair Fit (MPR) 1:30 PM Noodle Hockey (MPR) 3:15 Video Presentation: Celebrating Easter with Music (MPR) 6:30 Jeopardy! Night (MPR)	22 9:30 Bus Outing: Fraser Valley Gleaners & Lunch at McDonalds 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (H) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T)	23 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 7:00 Gloria Dei Chorale Easter Concert (O)
24 10:00 Worship Service (MPR) 3:15 Board Games (LL)	25 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Minute to Win It! (MPR)	26 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	27 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save On Foods 1:30 Bocce Ball (MPR) 6:30 BINGO Night (LL)	28 10:30 Chair Fit (MPR) 1:30 Horse Race Game (MPR) 3:15 Easter Tea with pianist Christine Schaffrick (LL) 6:30 Jeopardy! Night (MPR)	29 GOOD FRIDAY 10:30 Stretch & Strength (MPR) 10:30 Stations of the Cross (O) 1:30 Virtual Reality (CK) 3:15 Armchair Travel: Tour of Jerusalem (MPR) 6:45 Series Night: Promised Land (T)	30 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR)
31 EASTER 9:00 Hot Crossed Buns & Refreshments (LL) 10:00 Worship Service (MPR) 3:15 Board Games (LL)	<div><div><u>Phone Extensions</u> Nurse – ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004</div><div><u>Abbreviation Key</u> ADP = 3rd Fl ADP Room CK= Country Kitchen CR = Computer Room FM = First Floor Meeting Rm H = Harrison MPR LL = Lower Lounge</div><div>ML = Main Floor Lounge MPR= Multi-Purpose Room O= Oasis Auditorium W= Wellness Service Room T = 3rd Fl Theatre Room * = Sign-Up Required (call 2000)</div></div>					