

# March 2024

## Wellness Calendar | South & East



SUN	MON	TUE	WED	THU	FRI	SAT
					1 10:30 Surrey Museum, IE  2:15 Card Bingo, IS 2:30 Catholic Mass (Emerald)	2 10:15 Bingo, MPR  3:15 Music with the Hillbetty's , MPR
3  1:30 Church Service, MPR	4 10:15 Fun & Fitness  2:00 Bible Study, MPR	5 10:15 Crosswords, IE  2:30 Hymn Sing, MPR  Happy Birthday, Paula!	6 10:15 Active Game , IE  1:15 Kindergarten Grand-Friend Visits, IS 3:00 Spiritual Reflections with Ginny, IS	7 10:00 Music with Michelle, IS 10:45 Music with Aman, IE  2:30 – Music with Peter Tam, MPR	8 10:15 Fitness & Trivia, IE  1:30 Outing to the surrey Museum (By Invitation) 2:30 Catholic Mass, MPR	9 10:15 Bingo, MPR  2:15 St. Patrick's Day Craft Corner
10  1:30 Church Service, MPR	11 10:15 Fun & Fitness  2:00 Bible Study, MPR	12 10:15 Crosswords, IE  2:30 Hymn Sing, MPR	13 10:15 Active Game , IE  St. Patrick's Day Luncheon (by invite) MPR  Happy Birthday, Doris!	14 10:00 Music with Michelle, IS 10:45 Music with Aman, IE  2:15 Jeopardy, IS	15 10:15 Fitness & Trivia, IE  2:15 Baking and 'Fun Facts' about St. Patrick's Day, IS 2:30 Catholic Mass (Emerald)	16 10:15 Bingo, MPR  3:00 – Dance Performance by the Steel School of Irish Dancing, MPR
17 St. Patrick's Day  1:30 Church Service, MPR	18 10:15 Fun & Fitness  2:00 Bible Study, MPR	19 10:15 Crosswords, IE 11:00 Resident Council, MPR  2:30 Hymn Sing, MPR  Library Book Pick-up	20 10:15 Active Game , IE  2:15 Music Bingo, ISouth  Library Books delivered	21 10:00 Music with Michelle, IS 10:45 Music with Aman, IE 12:30 Lunch Outing (By Invitation) Afternoon Manicures & 1:1 social visits	22 10:15 Fitness & Trivia, IE  2:15 Card Bingo, IS 2:30 Catholic Mass, MPR	23 10:15 Bingo, MPR  2:15 Easter Craft Corner
24/ 31  1:30 Church Service, MPR	25 10:15 Fun & Fitness  2:00 Bible Study, MPR	26 10:15 Crosswords, IE  2:30 Hymn Sing, MPR	27 10:15 Active Game  1:30 Smoothie Snack Cart Delivery 2:15 WHO, WHAT, WHERE Trivia & snack, IS	28 10:00 Music with Michelle, IS 10:45 Music with Aman, IE  2:00 Pet Therapy Visits 2:30 Creative Coloring	29 Good Friday 10:15 Fitness & Trivia, IE  2:15 Short Stories, IS	30 10:15 Bingo, MPR  Afternoon Tea and Chat

Programs are subject to change, please refer to the daily white board for daily events. If you have any questions please contact Brittany at ext. 8847 or bmonterroza@elimvillage.com

# March 2024

## Wellness Calendar 2 South & East



SUN	MON	TUE	WED	THU	FRI	SAT
					1  10:15 Sights of Nashville, 2E  1:30 Music w/Michelle, 2S 2:30 Catholic Mass (Emerald)	2  10:15 Bingo, MPR  3:15 Music with the Hillbetty's, MPR
3  1:30 Church Service, MPR	4  10:15 Fun & Fitness, 2S  2:00 Bible Study, MPR	5  10:15 Word Games, 2E  2:30 Hymn Sing, MPR	6  10:15 "Rhythm" Fitness, 2E  2:15 Short Stories, 2E	7  10:00 Bingo, 2E  2:30 – Music with Peter Tam, MPR	8  10:30 Reminiscing with the Surrey Museum, 2E  1:30 Music w/Michelle, 2E 2:30 Catholic Mass, MPR	9  10:15 Bingo, MPR  Afternoon Movie, MPR
10  1:30 Church Service, MPR	11  10:15 Fun & Fitness, 2S  2:00 Bible Study, MPR	12  10:15 Dog Races, 2E  2:30 Hymn Sing, MPR	13  10:15 Fun & Fitness  12:00 St. Patrick's Day Luncheon (by invite) MPR  2:00 Jeopardy!	14  Pi Day $\pi$ 10:00 Bingo, 2E  2:00 Spiritual Reflections with Ginny, 2N 3:00 Spiritual Reflections, 2S 3:00 Table Games, 2E	15  10:15 Power Pose Fitness, MPR  1:30 Music w/Michelle, 2S 2:30 Catholic Mass (Emerald)	16  10:15 Bingo, MPR  3:00 – Dance Performance by the Steel School of Irish Dancing, MPR
17  St. Patrick's Day  1:30 Church Service, MPR	18  10:15 Fun & Fitness, 2S  2:00 Bible Study, MPR  Happy Birthday, Andriani!	19  10:00 "Me-ia" Pet Craft, 2E 11:00 Resident Council, MPR  2:30 Hymn Sing, MPR  Library Book Pick-up	20  10:15 Bowling with North, MPR  2:00 Baking on 2 North  Library Books delivered	21  10:00 Bingo, 2E  12:30 Lunch Outing (By Invitation)  	22  10:15 Fun & Fitness  1:30 Music w/Michelle, 2E 2:30 Catholic Mass, MPR	23  10:15 Bingo, MPR  Afternoon Garden Visits
24/ 31  1:30 Church Service, MPR	25  10:15 Fun & Fitness, 2S  2:00 Bible Study, MPR	26  10:15 Word Games, 2E  2:30 Hymn Sing, MPR  Happy Birthday, Deanna!	27  10:15 Spring Cleaning Fitness, 2E  1:30 Smoothie Snack Cart Delivery Afternoon Nordic Chair Sessions	28  10:00 Bingo, 2E  2:15 Short Stories, 2E  Happy 100th Birthday John T!	29  Good Friday 10:15 Toss and Talk Fitness  2:00 Diana the Musical	30  10:15 Bingo, MPR  Afternoon Garden Visits

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# March 2024

## Wellness Calendar 2 & 3 North



SUN	MON	TUE	WED	THU	FRI	SAT
					1 9:45 Music with Michelle,2N 10:30 Ball Toss, 3N  2:00 Baking, 2N 2:30 Catholic Mass (Emerald) <b>Happy Birthday, Maritza!</b>	2 10:15 Bingo, MPR  2:00 Ball Toss, 3N <b>3:15 Music with the Hillbetty's , MPR</b>
3  1:30 Church Service, MPR	4 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N  2:00 Music with Michelle,3N 2:00 Bible Study, MPR	5 10:15 Bingo, 2N  2:30 Hymn Sing, MPR	6 10:15 Guess the Scent Sensory Game <b>2:00 Spiritual Reflections with Ginny, 3E</b> 3:00 Tea and Chat, 2N	7 10:30 Fun and Fitness, 2N  <b>2:30 – Music with Peter Tam, MPR</b>	8 9:45 Music with Michelle,2N 10:30 Ball Toss, 3N <b>1:30 Outing to the surrey Museum (By Invitation)</b> 2:00 Baking, 2N 2:30 Catholic Mass (MPR)	9 10:15 Bingo, MPR  Afternoon Movie, MPR
10 1:30 Church Service, MPR  <b>Happy Birthday, Joanne!</b>	11 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N  2:00 Music with Michelle,3N 2:00 Bible Study, MPR	12 10:15 Bingo, 2N  2:30 Hymn Sing, MPR	13 10:15 Power Pose Fitness, MPR <b>St. Patrick's Day Luncheon (by invite) MPR</b>  2:15 Table Games, 2N	14 10:30 Fun and Fitness, 2N  <b>2:00 Spiritual Reflections with Ginny, 2N</b> 3:00 Tea and Chat, 3N	15 9:45 Music with Michelle,2N 10:30 Ball Toss, 3N  2:00 Baking, 2N 2:30 Catholic Mass (Emerald)	16 10:15 Bingo, MPR  2:00 Ball Toss, 3N <b>3:00 – Dance Performance by the Steel School of Irish Dancing, MPR</b>
17 <b>St. Patrick's Day</b>  1:30 Church Service, MPR	18 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N  2:00 Music with Michelle,3N 2:00 Bible Study, MPR	19 10:15 Bingo, 2N <b>11:00 Resident Council, MPR</b>  2:30 Hymn Sing, MPR  <b>Library Book Pick-up</b>	20 10:15 Bowling with Second Floor, MPR 2:00 Jeopardy! MPR  <b>Library Books delivered</b>	21 10:30 Fun and Fitness, 2N <b>12:00 Lunch Outing (By Invitation)</b>  2:15 Short Stories, 2N	22 9:45 Music with Michelle,2N  2:00 Ball Toss, 2N 2:30 Catholic Mass, MPR 3:00 Ball Toss, 3N	23 10:15 Bingo, MPR  Garden Visits and Walks
24/ 31  1:30 Church Service, MPR	25 10:00 Fun & Fitness, 2N 11:00 Ball Toss, 3N  2:00 Music with Michelle,3N 2:00 Bible Study, MPR	26 10:15 Bingo, 2N  2:30 Hymn Sing, MPR	27 10:15 Snoezelen Room Visits, 3N  <b>1:30 Smoothie Snack Cart Delivery</b> 2:15 Table Games, 2N	28 10:30 Fun and Fitness, 2N  2:30 Tea and Chat, 3N	29 <b>Good Friday</b> 10:00 Manicures, 2N 11:00 Manicures, 3N 2:00 Ball Toss, 2N 3:00 Ball Toss, 3N <b>Happy Birthday, Jemima!</b>	30 10:15 Bingo, MPR  Garden Visits and Walks

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# March 2024

## Wellness Calendar 3 South & East



SUN	MON	TUE	WED	THU	FRI	SAT
					1  10:30 Java Music Club, 3S  2:30 Catholic Mass (Emerald) 2:30 Active Game, 3E	2  10:15 Bingo, MPR  <b>3:15 Music with the Hillbetty's , MPR</b>
3  1:30 Church Service, MPR	4  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  2:00 Bible Study, MPR	5  10:15 Card Bingo, 3E  2:30 Hymn Sing, MPR	6  10:30 Music with Aman, 3E 11:00 Music with Michelle, 3S  <b>2:00 Spiritual Reflections with Ginny, 3E</b>	7  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  <b>2:30 – Music with Peter Tam, MPR</b>	8  10:15 Active Game, 3E  <b>1:30 Outing to the surrey Museum (By Invitation)</b> 2:30 Catholic Mass, MPR 	9  10:15 Bingo, MPR  Afternoon Movie, MPR
10  1:30 Church Service, MPR	11  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  2:00 Bible Study, MPR	12  10:15 Card Bingo, 3E  2:30 Hymn Sing, MPR	13  10:30 Music with Aman, 3E 11:00 Music with Michelle, 3S <b>12:00 St. Patrick's Day Luncheon (by invite) MPR</b> Afternoon 1:1 Visits	14  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  Afternoon Nordic Chair Sessions	15  <b>10:30 Reminiscing with the Surrey Museum, 3E</b>  2:15 Reading Group, 3E 2:30 Catholic Mass (Emerald)	16  10:15 Bingo, MPR  <b>3:00 – Dance Performance by the Steel School of Irish Dancing, MPR</b>
17  <b>St. Patrick's Day</b>  1:30 Church Service, MPR	18  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  2:00 Bible Study, MPR	19  10:00 Card Bingo, 3E <b>11:00 Resident Council, MPR</b>  2:30 Hymn Sing, MPR <b>Library Book Pick-up</b>	20  10:30 Music with Aman, 3E 11:00 Music with Michelle, 3S  2:15 Finish the Lyrics, 3E <b>Happy Birthday, Ed!</b>	21  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  <b>Lunch Outing (By Invitation )</b> 	22  10:15 Reading group, 3E  2:30 Catholic Mass, MPR 2:30 Active Game, 3E	23  10:15 Bingo, MPR  2:00 Jukebox Requests, 3E 3:00 Jukebox Requests, 3S
24/ 31  1:30 Church Service, MPR	25  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  2:00 Bible Study, MPR	26  10:15 Card Bingo, 3E  2:30 Hymn Sing, MPR	27  10:30 Music with Aman, 3E 11:00 Music with Michelle, 3S  <b>1:30 Smoothie Snack Cart Delivery</b> 2:15 Tea and Chait, 2E	28  10:15 Fun & Fitness, 3 E 11:00 Ball Toss, 3S  2:15 Creative Corner, 3E	29  <b>Good Friday</b>  10:15 Active Game, 3E  Afternoon Virtual Church Service	30  10:15 Bingo, MPR  2:00 Jukebox Requests, 3E 3:00 Jukebox Requests, 3S

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# March 2024

## Wellness Calendar 2 West



SUN	MON	TUE	WED	THU	FRI	SAT
					1  10:15 Bingo  2:30 Catholic Mass, Emerald Afternoon 1:1 Visits <b>Happy 105th Birthday, Eleanor!</b>	2  10:15 Fun and Fitness  <b>1:45 Music by the HillBetty's, 4W</b>
3  10:30 Church Service, MPR	4  11:00 Music with Michelle  2:00 Bible Study, MPR	5  10:15 Fun and Fitness  1:30 Hymn Sing, 4W	6  10:15 Table Games  2:00 Baking	7  10:15 Fun and Fitness  2:00 Pet Therapy Visits <b>2:30 Music with Peter Tam, 2W</b>	8  10:15 Bingo  <b>1:30 Outing to the Surrey Museum (By Invitation)</b> 2:30 Catholic Mass, MPR	9  10:15 Fun and Fitness  Afternoon Movie, MPR
10  10:30 Church Service, MPR  <b>Happy Birthday, Gopal!</b>	11  11:00 Music with Michelle  2:00 Bible Study, MPR	12  10:15 Fun and Fitness  1:30 Hymn Sing, 2W	13  10:15 Creative Corner  2:30 Jeopardy! 3W	14  10:15 Fun and Fitness  <b>12:00 St Patrick's Luncheon (by Invitation)</b>	15  10:15 Bingo  2:30 Catholic Mass, Emerald Afternoon 1:1 Visits	16  10:15 Fun and Fitness  <b>2:15 Steel School of Irish Dancers, 3W</b>
17  <b>ST. Patrick's Day</b>  10:30 Church Service, MPR	18  11:00 Music with Michelle  2:00 Bible Study, MPR	19 10:00 Fun and Fitness  <b>11:00 Resident Council, MPR</b>  1:30 Hymn Sing, 3W  Library Pick Up	20  10:15 Baking  2:15 Card Bingo	21  10:15 Fun and Fitness <b>12:00 Lunch Outing (by Invitation)</b>  	22  10:15 Bingo  2:30 Catholic Mass, MPR  Afternoon 1:1 Visits	23  10:15 Fun and Fitness  2:00 Jukebox Requests
24/ 31  10:30 Church Service, MPR	25  11:00 Music with Michelle  2:00 Bible Study, MPR	26  10:15 Fun and Fitness  1:30 Hymn Sing, 4W	27  10:15 Table Games  <b>1:30 Smoothie Snack Cart Delivery</b> <b>2:30 March Tea Social, 3W</b>	28 10:15 Fun and Fitness  2:00 Finish the Lyrics <b>3:00 Spiritual Reflections with Ginny, 4W</b> <b>Happy Birthday, Sum!</b>	29  <b>Good Friday</b>  10:15 Bingo  2:00 Tovertafel Table Games, 3W	30  10:15 Fun and Fitness  2:15 Table Games



# March 2024

## Wellness Calendar 3 West



SUN	MON	TUE	WED	THU	FRI	SAT
					1  10:15 Bingo  2:30 Catholic Mass, Emerald	2  10:30 Active Game  1:45 Music by the HillBetty's, 4W
3  10:30 Church Service, MPR	4  10:15 Fun and Fitness  2:00 Bible Study, MPR	5  9:45 Music with Michelle  1:30 Hymn Sing, 4W  Happy Birthday, Anne!	6  10:15 Ball Toss  1:15 Kindergarten Grand-Friend Visits 3:00 Reading group	7  10:15 Word Games  2:30 Music with Peter Tam, 2W	8  10:15 Bingo  1:30 Outing to the Surrey Museum (By Invitation) 2:30 Catholic Mass, MPR	9  10:30 Active Game  Afternoon Movie, MPR
10  10:30 Church Service, MPR	11  10:15 Fun and Fitness  2:00 Bible Study, MPR	12  9:45 Music with Michelle  1:30 Hymn Sing, 2W	13  10:15 Ball Toss  2:30 Jeopardy!	14  10:15 Word Games 12:00 St Patrick's Luncheon (by Invitation) 2:00 Pet Therapy Visits  Afternoon 1:1 Visits	15  10:15 Bingo  2:30 Catholic Mass, Emerald	16  10:30 Active Game  2:15 Steel School of Irish Dancers, 3W
17  ST. Patrick's Day  10:30 Church Service, MPR	18  10:15 Fun and Fitness  2:00 Bible Study, MPR	19 9:45 Music with Michelle 11:00 Resident Council, MPR  1:30 Hymn Sing, 3W Happy Birthday, Beatrice!  Library Pick Up	20  10:15 Ball Toss  2:00 Reading Group 3:15 Tovertafel Table Games	21  10:15 Word Games  12:00 Lunch Outing (by Invitation) 2:15 Bingo 	22  10:15 Boccee  2:30 Catholic Mass, MPR	23  10:30 Active Game  Afternoon Nordic Chair Sessions
24/ 31  10:30 Church Service, MPR  Happy Birthday, Sharon!	25  10:15 Fun and Fitness  2:00 Bible Study, MPR Happy Birthday, Geoffrey!	26  9:45 Music with Michelle  1:30 Hymn Sing, 4W	27  10:15 Ball Toss  1:30 Smoothie Snack Cart Delivery 2:30 March Tea Social, 3W	28  10:15 Word Games  3:00 Spiritual Reflections with Ginny, 4W	29  Good Friday 10:30 Bingo  Afternoon Virtual Church Service	30  10:30 Active Game  2:30 Baking

# March 2024

## Wellness Calendar 4 West



SUN	MON	TUE	WED	THU	FRI	SAT
					1  10:15 Bingo  Afternoon 1:1 Visits 2:30 Catholic Mass, Emerald	2  10:15 Fun and Fitness  1:45 Music by the HillBetty's, 4W
3  10:30 Church Service, MPR	4  10:15 Fun and Fitness  2:00 Bible Study, MPR	5  10:00 Reading Group 10:45 Music with Aman  1:30 Hymn Sing, 4W	6  Morning Manicures  1:15 Kindergarten Grand-Friend Visits, 3W Afternoon Sensory Visits and	7  10:15 Fun and Fitness  2:00 Music with Michelle 2:30 Music with Peter Tam, 2W	8  10:15 Bowling  1:30 Outing to the Surrey Museum (By Invitation) 2:30 Catholic Mass, MPR	9  10:15 Fun and Fitness  Afternoon Movie, MPR
10  10:30 Church Service, MPR	11  10:15 Fun and Fitness  2:00 Bible Study, MPR	12  10:00 Reading Group 10:45 Music with Aman  1:30 Hymn Sing, 2W Happy Birthday, Sharon!	13  Morning Manicures  2:30 Jeopardy! 3W	14  10:15 Fun and Fitness 12:00 St Patrick's Luncheon (by Invitation) 2:00 Music with Michelle *Chantelle Admin Time*	15  10:15 Bingo  2:00 Java Music Club (Wellness Room) 2:30 Catholic Mass, Emerald	16  10:15 Fun and Fitness  2:15 Steel School of Irish Dancers, 3W
17  ST. Patrick's Day  10:30 Church Service, MPR	18  10:15 Fun and Fitness  2:00 Bible Study, MPR	19  10:00 Reading Group 10:45 Music with Aman 11:00 Resident Council, MPR  1:30 Hymn Sing, 3W  Library Pick Up	20  10:15 Fun and Fitness  Afternoon Sensory Visits and Nordic Chair Sessions	21  Morning Manicures 12:00 Lunch Outing (by Invitation) 2:00 Music with Michelle 2:00 Pet Therapy Visits  Happy Birthday, Ken!	22  10:15 Bingo  2:00 Baking 2:30 Catholic Mass, MPR	23  10:15 Fun and Fitness  2:30 Tovertafel Table Games, 3W
24/ 31  10:30 Church Service, MPR	25  10:15 Fun and Fitness  2:00 Bible Study, MPR	26  10:00 Reading Group 10:45 Music with Aman  1:30 Hymn Sing, 4W	27  Morning Manicures 1:30 Smoothie Snack Cart Delivery 2:30 March Tea Social, 3W	28  10:15 Fun and Fitness  2:00 Music with Michelle 3:00 Spiritual Reflections with Ginny, 4W Happy Birthday, Lois!	29  Good Friday  10:30 Bingo, 2W	30  10:15 Fun and Fitness  Afternoon Jukebox Requests