








APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 EASTER MONDAY No Bible study today 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Envelope Game (MPR)	2 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	3 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bocce Ball (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	4 10:30 Chair Fit (MPR) 1:30 PM Noodle Hockey (MPR) 3:00 Menu Fest (MPR) 6:30 Jeopardy! Night (MPR)	5 10:00 Bus Outing: Rotary Club Booksale & lunch at Morrison Cafe 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (MPR) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T) 	6 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)	
7 10:00 Worship Service (MPR) 3:15 Board Games (LL)	8 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 10:30 Essity Hygiene Product Presentation (MPR) 1:00-3:00 Hearing Clinic* (MPR) ~free sign-up: call ext 2000 2:30 Crafter's Corner (LL) 6:30 Evening Social: Bocce Ball (MPR)	9 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	10 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Movie Matinee: Hook (MPR) 1:30 Bus Outing: Save On Foods 3:30 Creation Station (CK) 6:30 BINGO Night (LL) 	11 10:30 Chair Fit (MPR) 1:30 Horse Race Game (MPR) 3:15 Spring Social with Rob Johnson (LL) 6:30 Jeopardy! Night (MPR)	12 10:00 Bus Outing: Bradner Flower Show & Lunch 10:30 Stretch & Strength (MPR) 2:30 Cranium Crunches (LL) 2:30 Catholic Mass (H) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T) 	13 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)	
14 10:00 Worship Service (MPR) 3:15 Board Games (LL)	15 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Word Game (MPR)	16 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	17 10:30 Bus Outing: Blackie Spit Park & Boxed Lunch 10:30 Balance Class (MPR) 10:30 Kitchen Tour (W) <i>-sign up at reception</i> 11:00 Virtual Reality (CK) 1:30 Bocce Ball (MPR) 2:30 Resident Council (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL) 	18 10:30 Chair Fit (MPR) 1:30 PM Noodle Hockey (MPR) 3:15 Video Presentation: Celebrating Springtime with Music (MPR) 6:30 Jeopardy! Night (MPR)	19 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (MPR) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T) 7:00 Community Hymn Sing (O)	20 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)	
21 10:00 Worship Service (MPR) 3:15 Board Games (LL)	22 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Talent Show (MPR)	23 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	24 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save On Foods 1:30 Bocce Ball (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL) 	25 10:30 Chair Fit (MPR) 1:30 Horse Race Game (MPR) 3:15 Armchair Travel: Japan (MPR) 6:30 Jeopardy! Night (MPR)	26 10:00 Bus Outing: Scenic Drive 10:30 Stretch & Strength (MPR) 1:30 Cranium Crunches (LL) 2:30 Catholic Mass (H) 3:30 Virtual Reality (CK) 6:45 Series Night: Promised Land (T) 	27 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)	
28 10:00 Worship Service (MPR) 3:15 Board Games (LL)	29 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Minute To Win It (MPR)	30 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Road to Avonlea (T)	Abbreviation Key ADP = 3rd Fl ADP Room CK = Country Kitchen CR = Computer Room FM = First Floor Meeting Rm H = Harrison MPR LL = Lower Lounge ML = Main Floor Lounge MPR = Multi-Purpose Room O = Oasis Auditorium W = Wellness Service Room T = 3rd Fl Theatre Room * = Sign-Up Required (call 2000)			Phone Extensions Nurse - ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004	

