

April 2024- THE HAWTHORN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 EASTER MONDAY *Please note: There are no fitness classes today. 2:00 Hawthorn Cribbage Club (Summit Dining Room)	2 1:30 Movie Matinee-Overcomer	3 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	4 1:30 Hymns & Praise with Darlene	5 9:00 Hybrid Fitness 1:30 Board Games with Unity Christian School Students * (Summit Dining Room)	6
7	8 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room)	9 1:30 Amplifon Hearing Clinic-Hearing Aid Cleaning *By Appointment Only* 2:30 Chocolate Delight Social (Summit Dining Room) * \$	10 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	11 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	12 9:00 Hybrid Fitness 2:00 Rebalance Rehab Education Session: Spine Health & Posture	13
14	15 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room)	16 10:00 2KM Group Walk to Vedder River (meet at concierge desk) 2:00 Hawthorn April Birthday Social (Summit Dining Room)	17 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor) 5:00 Spring Community Dinner *	18 1:30 Hymns & Praise with Darlene	19 9:00 Hybrid Fitness 1:30 Movie Matinee-Eight Below	20
21	22 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room)	23 10:00 Botanica Tulip Festival Bus Trip * \$ 2:00 Chilliwack Harmony Chorus Performance *	24 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge- 6th Floor)	25 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	26 9:00 Hybrid Fitness 1:30 Classical Flute & Piano *	27
28 2:30 Sunday Service Provided by River of Life Church	29 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room)	30				