


SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 10:00 Worship Service (MPR) 2:00 Walking Club (LL) 3:15 Board Games (LL)	2 LABOUR DAY 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Labour Day Special (MPR)	3 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	4 10:00 Terry Fox Walk (O) ~by donation 1:30 Bus Outing: Save On Foods 1:30 Bocce Ball (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	5 10:30 Chair Fit (MPR) 1:30 Noodle Hockey (MPR) 3:00 Welcome Tea (MPR) ~by invitation 3:30 Virtual Reality (CK) 6:30 Jeopardy! Night (MPR)	6 10:30 Stretch & Strength (MPR) 2:00 Cranium Crunches (LL) 2:30 Catholic Mass (MPR) 3:15 Java Music Club (CK) ~by invitation 6:45 Series Night: Heartland (T)	7 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)	
8 10:00 Worship Service (MPR) 3:00 Grandparent's Day Activities & Treats (MPR) 3:15 Board Games (LL)	9 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:00-3:00 Hearing Clinic* (MPR) ~free sign-up: call ext 2000 2:30 Crafter's Corner (LL) 3:30 Surrey Museum presents Home Sweet Home exhibit (MPR) 6:30 Evening Social: Spelling Bee (MPR)	10 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	11 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save On Foods 1:30 Movie Matinee: Lion (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	12 10:30 Chair Fit (MPR) 1:30 Horse Race Game (MPR) 3:15 Harvest Apple Social with pianist Greg Alcock (LL) 6:30 Jeopardy! Night (MPR)	13 10:00 The Emerald Kitchen Tour (W) - sign up at reception 10:30 Stretch & Strength (MPR) 2:30 Resident Fire Safety Education (MPR) 3:30 Virtual Reality (CK) 6:45 Series Night: Heartland (T)	14 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)	
15 10:00 Worship Service (MPR) 3:15 Board Games (LL)	16 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Bocce Ball (MPR)	17 10:00 Art Expression (ADP) 10:30 Emerald Resident Info Session (LL) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	18 10:00 Bus Outing: Scenic Drive to Fort Langley 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bocce Ball (MPR) 2:30 Catholic Mass (H) 2:30 Resident Council (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	19 10:30 Chair Fit (MPR) 1:30 Noodle Hockey (MPR) 3:15 Armchair Travel: Norway (MPR) 3:15 Java Music Club (CK) ~by invitation 6:30 Jeopardy! Night (MPR)	20 10:30 Bus Outing: Charcuterie Lunch at Country Vines Winery 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 3:00 Cranium Crunches (LL) 3:30 Virtual Reality (CK) 6:45 Series Night: Heartland (T)	21 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)	
22 10:00 Worship Service (MPR) 3:15 Board Games (LL)	23 9:30 Bible Study (MPR) 10:30 RCMP Presents: Fraud Prevention (MPR) 10:30-11:30 Relaxation Room (W) 11:00-4:00 Pretty Little Things Fashion & Accessories (UL) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Fall Festivities (MPR)	24 10:30 Stretch & Strength (MPR) 1:30 Men's Group (ML) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	25 10:30 Balance Class (MPR) 11:00 Virtual Reality (CK) 1:30 Bus Outing: Save On Foods 1:30 Clay Creations: Sculpt (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	26 10:30 Chair Fit (MPR) 1:30 Beanbag Baseball (MPR) 3:15 Video Presentation: Choral Classics & The Swiss Alps (MPR) 6:30 Jeopardy! Night (MPR)	27 10:30 Stretch & Strength (MPR) 11:30 Bus Outing: Lunch at Al & Jan's Fish & Chips 2:30 Catholic Mass (H) 3:00 Cranium Crunches (LL) 3:30 Virtual Reality (CK) 6:45 Series Night: Heartland (T)	28 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)	
29 10:00 Worship Service (MPR) 3:15 Board Games (LL)	30 DAY FOR TRUTH & RECONCILIATION 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social: Minute to Win it! (MPR)						
			Phone Extensions Nurse - ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004	Abbreviation Key ADP = 3rd Fl ADP Room CK = Country Kitchen CR = Computer Room FM = First Floor Meeting Rm H = Harrison MPR LL = Lower Lounge	ML = Main Floor Lounge MPR = Multi-Purpose Room O = Oasis Auditorium W = Wellness Service Room T = 3rd Fl Theatre Room * = Sign-Up Required (call 2000)		

