

SEPTEMBER 2024 Wellness Calendar | South & East



SUN	MON	TUE	WED	THU	FRI	SAT
1 1:30 Church Service, MPR	2 LABOUR DAY 11:00 Fun and Fitness, IE Afternoon 1:1 Visits	3 10:00 Group Crossword, IE 2:30 Hymn Sing, MPR	4 <i>Elim Village Terry Fox Run</i> 10:00 Fun & Fitness, IS 2:00 Music for the Senses, MPR Afternoon Manicures	5 10:00 Music with Michelle, IS 2:00 Pet Therapy, MPR	6 10:00 Fun & Fitness, IE 2:15 Baking, IS 2:30 Catholic Mass, Emerald 3:15 Tea & Music Time, IS	7 10:15 Bingo, MPR 3:15 Concert by the Hill Betty's, MPR Afternoon Hand Massages
8 1:30 Church Service, MPR	9 10:00 Fun and Fitness, IE 2:00 Communion Service, MPR Afternoon Tea & Chat	10 10:00 Group Crossword, IE 2:30 Hymn Sing, MPR	11 10:00 Fun & Fitness, IS 1:45 Java Music Club, IE Afternoon Manicures	12 10:00 Music with Michelle, IE 12:00 Harrison Luncheon, MPR (by Invite) 2:00 Pet Therapy, MPR	13 10:00 Fun & Fitness, IE 2:15 Creative Painting, IS 2:30 Catholic Mass, MPR 3:15 Tea & Music Time, IS	14 10:15 Bingo, MPR 1:45 Afternoon Movie, MPR *Popeye* Afternoon Hand Massages
15 1:30 Church Service, MPR	16 10:00 Fun and Fitness, IE 2:00 Bible Study, MPR Afternoon Tea & Chat	17 10:00 Group Crossword, IE 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR	18 10:00 Visit from SmileStones Pre School, MPR 3:00 Concert by The Beauty Shop Dolls, MPR	19 10:00 Music with Michelle, IS 2:30 Corn Roast with Cypress Creek Duo, MPR	20 10:00 Fun & Fitness, IE 2:00 Baking, IS 2:30 Catholic Mass, Emerald 3:15 Tea & Music Time, IS	21 10:15 Bingo, MPR 2:30 Hymns with Wilma, MPR Afternoon Hand Massages
22 1:30 Church Service, MPR	23 10:00 Fun and Fitness, IE 2:00 Bible Study, MPR Afternoon Tea & Chat	24 10:00 Group Crossword, IE 2:30 Hymn Sing, MPR	25 10:00 Fun & Fitness, IS 1:45 Java Music Club, IE Afternoon Manicures	26 10:00 Music with Michelle, IE 2:00 Pet Therapy, MPR 3:00 Reading Group, IE	27 10:00 Fun & Fitness, IE 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Bingo, MPR 2:00 Creative Colouring, IE Afternoon Hand Massages
29 1:30 Church Service, MPR Happy Birthday, Kent!	30 10:00 Fun and Fitness, IE 2:00 Bible Study, MPR Afternoon Tea & Chat					

Programs are subject to change, please refer to the daily white board for daily events. If you have any questions please contact Colleen at crayns@elimvillage.com or at ext. 8847

SEPTEMBER 2024 Wellness Calendar 2 South & East



SUN	MON	TUE	WED	THU	FRI	SAT
1 1:30 Church Service, MPR	2 LABOUR DAY 10:00 Fun and Fitness, 2E Afternoon 1:1 Visits	3 10:15 Jeopardy 2:30 Hymn Sing, MPR	4 <i>Elim Village Terry Fox Run</i> 10:15 Toss & Talk, 2E 2:30 Music for the Senses, MPR Afternoon Coffee & Reminisce <i>Library Pick Up</i>	5 10:15 Board Games, 2E 2:15 Explore with Watercolors, 2S	6 10:15 Alphabet Gratitude Game, 2E 1:30 Music with Michelle, 2S 2:30 Music with Michelle, 2E 2:30 Catholic Mass, Emerald	7 10:15 Bingo! MPR 3:15 Concert by the Hill Betty's, MPR
8 1:30 Church Service, MPR	9 10:15 Fun and Fitness, 2E 2:00 Communion Service, MPR	10 10:15 Bowling! MPR 2:30 Hymn Sing, MPR <i>Grandparents Day</i>	11 10:15 Toss & Talk, 2E Afternoon 1:1 Visits	12 10:15 Board Games, 2E 12:00 Harrison Luncheon, MPR (by Invite) 2:00 Pet Therapy, MPR	13 10:15 Tovertafel, 2E 1:30 Music with Michelle, 2S 2:30 Music with Michelle, 2E 2:30 Catholic Mass, MPR <i>International Chocolate Day</i>	14 10:15 Bingo! MPR 1:45 Afternoon Movie, MPR *Popeye*
15 1:30 Church Service, MPR	16 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR <i>Happy Birthday, John S!</i>	17 10:00 Terry Fox Legacy, 2E 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR <i>Happy Birthday, Sharon!</i>	18 10:15 Toss & Talk, 2E 2:00 Sensory Art Therapy, 2S	19 10:15 Board Games, 2E 2:30 Corn Roast with Cypress Creek Duo, MPR	20 10:15 Active Game, 2E 1:30 Music with Michelle, 2S 2:30 Music with Michelle, 2E 2:30 Catholic Mass, Emerald	21 10:15 Bingo! MPR 2:30 Hymns with Wilma, MPR
22 1:30 Church Service, MPR	23 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR	24 10:15 Let's Be Fit, 2E 2:30 Hymn Sing, MPR	25 10:00 Visit from SmileStones Pre School, MPR 2:00 Afternoon Baking, 2S	26 10:15 Board Games, 2E 2:00 Famous People, 2S	27 10:15 Active Game, 2E 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel <i>Happy Birthday, Alice!</i>	28 10:15 Bingo! MPR 2:30 Tea & Social
29 1:30 Church Service, MPR <i>Happy Birthday, Lee!</i>	30 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR					

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SEPTEMBER 2024

Wellness Calendar 2 & 3 North



SUN	MON	TUE	WED	THU	FRI	SAT
1 1:30 Church Service, MPR	2 LABOUR DAY 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Trivia, 2N	3 10:15 Jeopardy, MPR 2:30 Hymn Sing, MPR	4 <i>Elim Village Terry Fox Run</i> Snoezelen Room Visits, 3N 2:30 Table Games, 3E <i>Music for the Senses, MPR</i> Library Pick Up	5 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Pet Therapy, MPR Afternoon 1:1 Visits	6 9:45 Music with Michelle, 2N 10:30 Table Games, 3N 2:30 Catholic Mass, Emerald 2:30 Creative Colouring, 2N	7 10:15 Bingo! MPR 3:15 Concert by the Hill Betty's, MPR
8 1:30 Church Service, MPR	9 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Music with Michelle, 3N 2:00 Communion Service, MPR Happy Birthday, Hillberry!	10 10:15 Bowling, MPR 2:30 Hymn Sing, MPR	11 Snoezelen Room Visits, 3N 2:30 Tovertafel, 3N	12 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 12:00 Harrison Luncheon, MPR (by Invite) 2:00 Pet Therapy, MPR	13 9:45 Music with Michelle, 2N 10:30 Table Games, 3N 2:30 Catholic Mass, MPR 2:30 Short Stories, 3N	14 10:15 Bingo! MPR 1:45 Afternoon Movie, MPR *Popeye*
15 1:30 Church Service, MPR	16 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Music with Michelle, 3N 2:00 Bible Study, MPR	17 Morning 1:1 Visits 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR	18 Snoezelen Room Visits, 3N 2:30 Table Games, 3E	19 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:30 Corn Roast with Cypress Creek Duo, MPR	20 9:45 Music with Michelle, 2N 10:30 Table Games, 3N 2:30 Catholic Mass, Emerald 2:30 Baking, 2N	21 10:15 Bingo! MPR 2:30 Hymns with Wilma, MPR
22 1:30 Church Service, MPR	23 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Music with Michelle, 3N 2:00 Bible Study, MPR	24 10:15 Painting, 2N 2:30 Hymn Sing, MPR	25 Outdoor Garden Visits, 2N 2:30 Table Games, 3E	26 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Pet Therapy, MPR Afternoon 1:1 Visits	27 9:45 Music with Michelle, 2N 10:30 Table Games, 3N 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Bingo! MPR Afternoon Hand Messages and Manicures
29 1:30 Church Service, MPR	30 10:15 Fun & Fitness, 2N 11:00 Ball Toss, 3N 2:00 Music with Michelle, 3N 2:00 Bible Study, MPR					

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SEPTEMBER 2024 Wellness Calendar 3 South & East



SUN	MON	TUE	WED	THU	FRI	SAT
1 1:30 Church Service, MPR	2 LABOUR DAY 11:00 Active Game, 3E 2:00 Finish the Lyrics, 3E Happy Birthday, Pavitar!	3 10:15 Bingo, 3E 2:30 Hymn Sing, MPR	4 <i>Elim Village Terry Fox Run</i> 10:15 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:00 Short Stories, 3E 3:00 Music for the Senses, MPR Library Pick Up	5 10:30 Active Game, 3E 2:00 Pet Therapy, MPR Afternoon Manicures	6 10:15 Reading Group, 3E 2:30 Catholic Mass, Emerlad	7 10:15 Bingo! MPR 3:15 Concert by the Hill Betty's, MPR
8 1:30 Church Service, MPR	9 10:30 Fun and Fitness, 3E 2:00 Communion Service, MPR	10 10:15 Bowling! MPR 2:30 Hymn Sing, MPR	11 10:15 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Tovertafel Games, 3N Happy Birthday, Mr. Ma!	12 10:30 Active Game, 3E 12:00 Harrison Luncheon, MPR (by Invite) 2:00 Pet Therapy, MPR	13 10:15 Trivia and Word Games, 3E 2:30 Catholic Mass, MPR	14 10:15 Bingo! MPR 1:45 Afternoon Movie, MPR *Popeye*
15 1:30 Church Service, MPR Happy Birthday, Margaret!	16 10:30 Fun and Fitness, 3E 2:00 Bible Study, MPR	17 10:15 Bingo, 3E 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR	18 10:15 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Table Games, 3E	19 10:00 Corn Shucking, 3E 11:00 Ball Toss, 3E 2:30 Corn Roast with Cypress Creek Duo, MPR	20 10:15 Reading Group, 3E 2:30 Catholic Mass, Emerald	21 10:15 Bingo! MPR 2:30 Hymns with Wilma, MPR
22 1:30 Church Service, MPR	23 10:30 Fun and Fitness, 3E 2:00 Bible Study, MPR	24 10:15 Bingo, 3E 2:30 Hymn Sing, MPR	25 10:15 Music with Michelle, 3E 11:00 Music with Michelle, 3S 2:15 Interactive Projector Games, 3S	26 10:30 Active Game, 3E 2:00 Pet Therapy, MPR Afternoon Manicures	27 10:15 Trivia and Word Games, 3E 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Bingo! MPR 2:15 Card Bingo!
29 1:30 Church Service, MPR	30 10:30 Fun and Fitness, 3E 2:00 Bible Study, MPR					

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SEPTEMBER 2024

Wellness Calendar 2 West



SUN	MON	TUE	WED	THU	FRI	SAT
1 10:30 Church Service, MPR	2 LABOUR DAY 11:00 Outdoor Stroll 2:30 Tovertafel Games	3 10:15 Stretch and Strength 1:30 Hymn Sing, 2W	4 <i>Elim Village Terry Fox Run</i> 10:15 Dominos 2:00 Afternoon Manicures with Jot Library Pick Up	5 10:15 Stretch and Strength 2:00 Pet Therapy, MPR	6 10:15 bingo! 2W 2:30 Catholic Mass, Emerald <i>Outdoor Stroll If Weather Permits</i>	7 10:15 Stretch and Strength 1:45 Concert by the Hill Betty's, 2W
8 10:30 Church Service, MPR	9 11:00 Music with Michelle 2:00 Communion Service, MPR	10 10:15 Stretch and Strength 1:30 Hymn Sing, 3W	11 10:15 Dominos 12:00 Luncheon, MPR (by Invite) 2:00 Music for the Senses, MPR	12 10:15 Stretch and Strength 2:00 Pet Therapy, MPR <i>Outdoor Stroll If Weather Permits</i>	13 10:15 Jeopardy, MPR 2:30 Catholic Mass, MPR Afternoon Tovertafel Games	14 10:15 Stretch and Strength 1:45 Afternoon Movie, MPR
15 10:30 Church Service, MPR	16 11:00 Music with Michelle 2:00 Bible Study, MPR	17 10:15 Stretch and Strength 11:00 Resident Council, MPR 1:30 Hymn Sing, 4W	18 10:00 Visit from SmileStones Pre School, MPR 1:30 Concert by the Beauty Shop Dolls, 3W	19 10:15 Stretch and Strength 2:00 Pet Therapy, 3W Afternoon 1:1 Visits	20 10:15 bingo! 3W 2:30 Catholic Mass, Emerald <i>Outdoor Stroll If Weather Permits</i>	21 10:15 Stretch and Strength 2:30 Hymns with Wilma, MPR
22 10:30 Church Service, MPR	23 11:00 Music with Michelle 2:00 Bible Study, MPR	24 10:15 Stretch and Strength 1:30 Hymn Sing, 2W	25 10:15 Dominos 2:00 Afternoon Manicures with Jot	26 10:15 Corn Shucking 2:30 Corn Roast with Cypress Creek Duo, 3W	27 10:15 Bowling 4W 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Stretch and Strength 2:30 Bingo 3W
29 10:30 Church Service, MPR	30 11:00 Music with Michelle 2:00 Bible Study, MPR					

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SEPTEMBER 2024

Wellness Calendar 3 West



SUN	MON	TUE	WED	THU	FRI	SAT
1 10:30 Church Service, MPR	2 LABOUR DAY 10:00 Fun and Fitness 2:00 Table Games	3 9:45 Music with Michelle 1:30 Hymn Sing, 2W	4 <i>Elim Village Terry Fox Run</i> 10:15 Active Game 2:00 Afternoon Tovertafel Library Pick Up	5 10:15 Word Games 2:00 Outdoor Pet Therapy Afternoon Manicure's with Emelly	6 10:15 Bingo! 2W 2:30 Catholic Mass, Emerald 2:30 Reading Group	7 10:15 Fun & Fitness 1:45 Concert by the Hill Betty's, 2W
8 10:30 Church Service, MPR	9 10:15 Fun and Fitness 2:00 Bible Study, MPR	10 9:45 Music with Michelle 1:30 Hymn Sing, 3W	11 10:15 Active Game 12:00 Luncheon, MPR (by Invite) 2:30 Music for the Senses, MPR	12 10:15 Word Games 2:00 Outdoor Pet Therapy Afternoon 1:1 Visits	13 10:15 Jeopardy, MPR 2:30 Catholic Mass, MPR 2:30 Fall Craft	14 10:15 Fun & Fitness 1:45 Afternoon Movie, MPR
15 10:30 Church Service, MPR	16 10:15 Fun and Fitness 2:00 Bible Study, MPR	17 9:45 Music with Michelle 11:00 Resident Council, MPR 1:30 Hymn Sing, 4W	18 10:30 Pie Baking 1:30 Concert by the Beauty Shop Dolls, 3W	19 10:15 Word Games 2:00 Outdoor Pet Therapy Afternoon Manicure's with Emelly	20 10:15 Bingo! 3W 2:30 Catholic Mass, Emerald 2:30 Reading Group	21 10:15 Fun & Fitness 2:30 Hymns with Wilma, MPR Happy Birthday, Kay!
22 10:30 Church Service, MPR	23 10:15 Fun and Fitness 2:00 Bible Study, MPR	24 9:45 Music with Michelle 1:30 Hymn Sing, 2W	25 10:00 Visit from SmileStones Pre School, MPR 2:00 Traveling Snack Cart <i>*Pumpkin Pie*</i>	26 10:15 Corn Shucking 2:30 Corn Roast with Cypress Creek Duo, 3W	27 10:15 Bowling, 4W 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Fun & Fitness 2:30 Bingo 3W
29 10:30 Church Service, MPR	30 10:15 Fun and Fitness 2:00 Bible Study, MPR					

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SEPTEMBER 2024

Wellness Calendar 4 West



SUN	MON	TUE	WED	THU	FRI	SAT
1 10:30 Church Service, MPR	2 LABOUR DAY 10:00 Ball Toss 3:00 Short Stories	3 10:15 Word Games 1:30 Hymn Sing, 2W	4 <i>Elim Village Terry Fox Run</i> 10:15 Morning Manicure's 2:00 Afternoon Tovertafel 3W Library Pick Up	5 10:15 Fun and Fitness 2:00 Music with Michelle <i>*Chantelle Admin Time*</i>	6 10:15 Bingo! 2W 2:30 Catholic Mass, Emerald <i>Afternoon Nordic Chair Visits</i>	7 10:15 Fun and Fitness 1:45 Concert by the Hill Betty's, 2W
8 10:30 Church Service, MPR	9 10:15 Morning Ball Toss 2:00 Communion Service, MPR	10 10:15 Reading Group 1:30 Hymn Sing, 3W	11 10:15 Morning Manicures 12:00 Luncheon, MPR (by Invite) 3:00 Music for the Senses, MPR	12 10:15 Fun and Fitness 2:00 Music with Michelle <i>*Chantelle Admin Time*</i>	13 10:15 Jeopardy MPR <i>*Back to School*</i> 2:15 Coffee & Chat 2:30 Catholic Mass, MPR	14 10:15 Fun and Fitness 1:45 Afternoon Movie, MPR
15 10:30 Church Service, MPR	16 10:15 Morning Ball Toss 2:00 Bible Study, MPR Happy Birthday, Rita!	17 10:00 Word Games 11:00 Resident Council, MPR 1:30 Hymn Sing, 4W	18 10:15 Java Music Club 1:30 Concert by the Beauty Shop Dolls, 3W	19 10:15 Fun and Fitness 2:00 Music with Michelle <i>*Chantelle Admin Time*</i>	20 10:15 Bingo! 3W 2:15 Tovertafel Table Games 2:30 Catholic Mass, Emerald	21 10:15 Fun and Fitness 2:30 Hymns with Wilma, MPR
22 10:30 Church Service, MPR	23 10:15 Morning Ball Toss 2:00 Bible Study, MPR	24 10:15 Word Games 1:30 Hymn Sing, 2W	25 10:15 Table Games 2:00 Traveling Snack Cart <i>*Pumpkin Pie*</i>	26 10:15 Corn Shucking 2:00 Music with Michelle 2:30 Corn Roast with Cypress Creek Duo, 3W	27 10:15 Bowling 4W 2:30 Catholic Mass, MPR 2:30 Performance by The Peace Arch Chorus, HW Chapel	28 10:15 Fun and Fitness 2:30 Bingo 3W
29 10:30 Church Service, MPR	30 10:15 Morning Ball Toss 2:00 Bible Study, MPR Happy Birthday, Joan!					

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