


# OCTOBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Phone Extensions Nurse – ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004	1 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	2 10:30 Bus Outing: Walmart & Lunch at McDonalds 10:30 Balance Class (MPR) 11:00 Virtual Reality (FM) <b>1:30 Clay Creations: Paint* (MPR)</b> 6:30 BINGO Night (LL)	3 10:30 Chair Fit (MPR) 1:30 PM Noodle Hockey (MPR) <b>2:00 Santa's Workshop for Christmas Market (CK)</b> <b>3:30 Movie Matinee: Saving Mr. Banks (MPR)</b> 6:30 Jeopardy! Night (MPR)	4 <b>8:30 - 3:00 Health &amp; Wellness Fair</b> - \$20 ticketed event 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 6:45 Series Night: Heartland (T)	5 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK) <b>7:00 Milne Family Concert (O)</b>
		6 10:00 Worship Service (MPR) 3:15 Board Games (LL)	7 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social (MPR)	8 10:30 Stretch & Strength (MPR) 1:30 Men's Group (FM) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	9 10:30 Balance Class (MPR) 11:00 Virtual Reality (FM) <b>1:00-3:00 Hearing Clinic* (MPR)</b> ~free sign-up: call ext 2000 1:30 Bus Outing: Save On Foods 2:00 Cranium Crunches (LL) 3:15 Java Music Club (CK) ~by invitation 6:30 BINGO Night (LL)	10 10:30 Chair Fit (MPR) <b>10:30 Emerald Kitchen Tour (W)</b> 1:30 Beanbag Toss Game (MPR) <b>3:15 Thanksgiving Social with Christine Schaffrick (LL)</b> 6:30 Jeopardy! Night (MPR)
13 10:00 Worship Service (MPR) 3:15 Board Games (LL)	14 <b>THANKSGIVING</b> 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social (MPR)	15 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	16 10:30 Balance Class (MPR) 11:00 Virtual Reality (FM) 1:30 Bocce Ball (MPR) <b>2:30 Resident Council (MPR)</b> 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	17 10:30 Chair Fit (MPR) 1:30 Bus Outing: Art's Nursery Scarecrow Festival 1:30 Beanbag Baseball (MPR) <b>3:15 Armchair Travel: Australia (MPR)</b> 6:30 Jeopardy! Night (MPR)	18 10:30 Stretch & Strength (MPR) 11:30 Bus Outing: Lunch at Northview Golf Course 2:00 Cranium Crunches (LL) 2:30 Catholic Mass (MPR) 3:30 Virtual Reality (FM) 6:45 Series Night: Heartland (T)	19 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)
20 10:00 Worship Service (MPR) <b>3:00 Santa's Workshop for Christmas Market (CK)</b> 3:15 Board Games (LL)	21 9:30 Bible Study (MPR) <b>10:30 AL Resident Survey Results Presentation (MPR)</b> 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) 6:30 Evening Social (MPR)	22 10:30 Stretch & Strength (MPR) 1:30 Men's Group (FM) 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	23 10:30 Balance Class (MPR) 11:00 Virtual Reality (FM) 1:30 Bus Outing: Save On Foods 1:30 Bocce Ball (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	24 10:30 Chair Fit (MPR) <b>3:15 Video Presentation: Songs Of Praise (MPR)</b> 6:30 Jeopardy! Night (MPR)	25 10:30 Stretch & Strength (MPR) 2:00 Cranium Crunches (LL) 2:30 Catholic Mass (H) 3:00 Java Music Club (CK) ~by invitation 3:30 Virtual Reality (FM) 6:45 Series Night: Heartland (T)	26 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)
27 10:00 Worship Service (MPR) 3:15 Board Games (LL)	28 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Crafter's Corner (LL) <b>3:30 Surrey Museum presents Home Sweet Home exhibit (MPR)</b> 6:30 Evening Social (MPR)	29 10:30 Stretch & Strength (MPR) <b>1:30 Santa's Workshop for Christmas Market (CK)</b> 3:30 Hymn Sing (MPR) 6:45 Series Night: Anne With An E (T)	30 10:00 Bus Outing: Scenic Drive to Aldergrove 10:30 Balance Class (MPR) 11:00 Virtual Reality (FM) 1:30 Bocce Ball (MPR) 6:30 BINGO Night (LL)	31 <b>HALLOWEEN</b> <b>10:15 Woodland Park Costume Parade (ML)</b> 10:45 Chair Fit (MPR) <b>1:30-3:00 Fall Festivities &amp; Costume Party (MPR)</b> 6:30 Jeopardy! Night (MPR)	<b>Abbreviation Key</b> ADP = 3rd Fl ADP Room CK = Country Kitchen CR = Computer Room FM = First Floor Meeting Rm H = Harrison MPR HWC = Harrison West Chapel LL = Lower Lounge ML = Main Floor Lounge MPR = Multi-Purpose Room O = Oasis Auditorium W = Wellness Service Room T = 3rd Fl Theatre Room * = Sign-Up Required (call 2000)	

