






MARCH 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Phone Extensions Nurse – ext 2101 Reception - ext 2000 Pastor Lorin - ext 2018 Wellness - ext 2025/2004	1 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 1:30 Ukelele Concert (O) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)
2 10:00 Worship Service (MPR) 3:00 Board Games (LL)	3 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Knit & Knatter (LL) 6:30 Evening Social: National "I Want You to Be Happy Day" Games (MPR)	4 10:00 Pretty Little Things (O) 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: The Andy Griffiths Show (T)	5 10:30 Balance Class (MPR) 11:00 Virtual Reality (MPR) 1:30 Bus Outing: Save on Foods 1:30 Bocce Ball (MPR) 3:30 Video Presentation: Familiar Hymns from the Netherlands (MPR) 6:30 BINGO Night (LL)	6 10:30 Bus Outing: House of James Bookstore & Lunch 10:30 Chair Fit (MPR) 3:15 Armchair Travel: Portugal (MPR) 6:30 Jeopardy! Night (MPR)	7 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 3:00 Cranium Crunches (LL) 3:15 Java Music Club (CK) <i>~by invitation</i> 3:30 Virtual Reality (MPR) 6:45 Series Night: Anne with an E (T)	8 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Shuffleboard (MPR) 3:15 Audio Book Club (CK)
9 10:00 Worship Service (MPR) 3:00 Board Games (LL)	10 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:00-3:00 Hearing Clinic* (MPR) <i>~free sign-up: call ext 2000</i> 2:30 Knit & Knatter (LL) 6:30 Evening Social: Bocce Ball (MPR)	11 10:30 Emerald Kitchen Tour (W) <i>~sign up at reception</i> 10:30 Stretch & Strength (MPR) 1:30 Men's Group (FM) 3:30 Hymn Sing (MPR) 6:45 Series Night: The Andy Griffiths Show (T)	12 10:30 Balance Class (MPR)  11:00 Virtual Reality (MPR) 1:30 Bus Outing: Save on Foods 1:30 Bocce Ball (MPR) 3:30 Creation Station (CK) 6:30 BINGO Night (LL)	13 10:30 Chair Fit (MPR) 1:30 Bean Bag Baseball (MPR) 3:15 St. Patrick's Day Social with Duo Del Mar (LL) 6:30 Jeopardy! Night (MPR)	14 10:00 Bus Outing: Gulf of Georgia Cannery and Fish & Chips Lunch 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (H) 2:30 Cranium Crunches (LL) 3:15 Video Presentation with George Van Beek: Songs Of Praise (MPR) 6:45 Series Night: Anne with an E (T) 	15 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)
16 10:00 Worship Service (MPR) 3:00 Board Games (LL)	17 ST. PATRICK'S DAY 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Knit & Knatter (LL) 6:30 Evening Social: St. Patrick's Day Fun (MPR) 	18 10:00 Art Expression (ADP) 10:30 Stretch & Strength (MPR) 3:30 Hymn Sing (MPR) 6:45 Series Night: The Andy Griffiths Show (T)	19 10:30 Balance Class (MPR) 11:00 Virtual Reality (MPR) 1:30 Bocce Ball (MPR) 2:30 Resident Council (MPR) 6:30 BINGO Night (LL)	20 10:30 Chair Fit (MPR) 11:00 Bus Outing: Old Spaghetti Factory 2:00 Movie Matinee: Swiss Family Robinson (MPR) 6:30 Jeopardy! Night (MPR)	21 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (MPR) 3:00 Cranium Crunches (LL) 3:15 Java Music Club (CK) <i>~by invitation</i> 3:30 Virtual Reality (MPR) 6:45 Series Night: Anne with an E (T)	22 <i>(note: shuffleboard cancelled today)</i> 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 3:15 Audio Book Club (CK)
23 10:00 Worship Service (MPR) 3:00 Board Games (LL)	24 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Knit & Knatter (LL) 6:30 Evening Social: Left Centre Right Game (MPR)	25 10:30 Stretch & Strength (MPR) 1:30 Men's Group (FM) 3:30 Hymn Sing (MPR) 6:45 Series Night: The Andy Griffiths Show (T)	26 10:30 Balance Class (MPR) 11:00 Virtual Reality (MPR) 1:30 Bus Outing: Save on Foods 1:30 Bocce Ball (MPR) 6:30 BINGO Night (LL) 	27 10:30 Chair Fit (MPR) 12:00 Bite & Banter Lunch Club: A&W (CK) 1:30 Bean Bag Baseball (MPR) 6:30 Jeopardy! Night (MPR)	28 9:30 Bus Outing: Aldor Acres Farm Tour on Bus 10:30 Stretch & Strength (MPR) 2:30 Catholic Mass (H) 3:00 Cranium Crunches (LL) 3:30 Virtual Reality (MPR) 6:45 Series Night: Anne with an E (T) 	29 10:15 Manicures (CK) 10:30 Chair Fit (MPR) 2:00 Bowling (MPR) 3:15 Audio Book Club (CK)
30 10:00 Worship Service (MPR) 3:00 Board Games (LL)	31 9:30 Bible Study (MPR) 10:30-11:30 Relaxation Room (W) 1:30 Chair Fit (MPR) 2:30 Knit & Knatter (LL) 6:30 Evening Social: Minute to Win It! (MPR)	Abbreviation Key ADP = 3rd FI ADP Room CK= Country Kitchen CR = Computer Room FM = First Floor Meeting Rm H = Harrison MPR LL = Lower Lounge ML = Main Floor Lounge MPR= Multi-Purpose Room O= Oasis Auditorium W= Wellness Service Room T = 3rd FI Theatre Room * = Sign-Up Required (call 2000)				