

MARCH 2025

HARRISON WELLNESS CALENDAR I SOUTH AND I EAST



SUN

MON

TUE

WED

THU

FRI

SAT



1
10:15 Bingo, MPR
2:00 Tea and Chat, IE

2
10:30 Church Service, MPR

Afternoon Volunteer Connections

3
10:00 Active Game, IS

2:00 Communion Service, MPR

4
10:00 Group Crossword, IE

2:30 Hymn Sing, MPR
MARDI GRAS!

5
10:00 Fun & Fitness, IS
11:00 Manicures

2:00 Java Music Club, IE
Happy Birthday, Paula!

6
10:30 Music with Michelle, IE

2:00 Reading Group, IE

7
10:00 Fun & Fitness, IS 
11:00 Hand Massages
12:00 Lunch Outing (By Invite)
2:30 Catholic Mass, Emerald
Afternoon Creative Painting

8
10:15 Bingo, MPR
2:00 Baking, IS
Happy Birthday, Daniel!

9
10:30 Church Service, MPR
Afternoon Volunteer Connections
Day Light Savings

10
10:00 Active Game, IS

2:00 Bible Study, MPR

11
10:00 Group Crossword, IE

2:30 Hymn Sing, MPR

12
10:00 Fitness, IS
12:00 Luncheon, MPR (By Invite)
Afternoon Table Games

13
10:30 Music with Michelle, IS

3:00 Concert with Brian Zalo, MPR

14
10:15 Bowling, MPR

Afternoon Hand Massages
2:30 Catholic Mass, MPR
Happy Birthday, Aleida!

15
10:15 Bingo, MPR

Travelling Snack Cart: Shamrock Shakes

16
10:30 Church Service, MPR

Afternoon Volunteer Connections

17
10:00 Active Game, IS

2:00 Bible Study, MPR
ST. PATRICKS DAY!

18
10:00 Group Crossword, IE
11:00 Resident Council, MPR

2:30 Hymn Sing, MPR

19
10:00 Fun & Fitness, IS
11:00 Manicures
Music for the Senses
3:00 Java Music Club, IE

20
8:30 Breakfast Club (By Invite)
10:30 Music with Michelle, IS

Afternoon Table Games

21
10:00 Fun & Fitness, IS
11:00 Hand Massages

2:30 Catholic Mass, Emerald
Afternoon Tovertafel Games

22
10:15 Bingo, MPR

2:00 Baking, IS

23/ 30
10:30 Church Service, MPR

Afternoon Volunteer Connections

24/31
10:00 Active Game, IS

2:00 Bible Study, MPR

25
10:00 Group Crossword, IE

2:30 Hymn Sing, MPR

26
10:00 Fun & Fitness, IS
11:00 Manicures

3:00 Concert by Brian Flanagan, MPR

27
10:30 Music with Michelle, IE

2:00 Reading Group, IE

28
10:00 Fun & Fitness, IS
11:00 Hand Massages

2:30 Catholic Mass, MPR
Afternoon Tovertafel Games

29
10:15 Bingo, MPR

2:15 Armchair Travel, MPR

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Colleen at 8847 or cryans@elimvillage.com

SUN

MON

TUE

WED


THU

FRI

SAT



1
10:15 Bingo, MPR
Afternoon Sensory Visits

2 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i>	3 10:15 Fun and Fitness, 2E 2:00 Communion Service, MPR	4 10:15 Word Games, 2E 2:30 Hymn Sing, MPR MARDI GRAS!	5 10:00 Active Game, 2E 2:15 Reading Group, 2E	6 10:15 Bingo! 2E 2:15 Coffee Social, 2E	7  10:45 Music with Michelle, 2E 12:00 Lunch Outing (By Invite) 2:30 Catholic Mass, Emerald	8 10:15 Bingo, MPR 2:00 Tovertafel Games, 2E
9 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i> Day Light Savings	10 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR	11 10:15 Bowling, MPR 2:30 Hymn Sing, MPR	12 10:00 Active Game, 2E 12:00 Luncheon, MPR (By Invite) Afternoon Nordic Chair Sessions	13 10:15 Bingo! 2E 3:00 Concert with Brian Zalo, MPR	14 10:45 Music with Michelle, 2S 2:00 Tea and Chat, 2E 2:30 Catholic Mass, MPR	15 10:15 Bingo, MPR Travelling Snack Cart: Shamrock Shakes
16 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i>	17 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR ST. PATRICKS DAY!	18 9:45 Trivia, 2S 11:00 Resident Council, MPR 2:30 Hymn Sing, MPR Happy Birthday, Andriani!	19 10:00 Active Game, 2E <i>Music for the Senses</i> 3:00 Create Phrases, 2S	20 10:15 Bingo! 2E 2:15 Finish the Lyrics, 2E	21 10:45 Music with Michelle, 2E 2:00 Roses and Thorns, 2E 2:30 Catholic Mass, Emerald	22 10:15 Bingo, MPR 2:00 Water Colour Painting, 2E Happy Birthday, Deena!
23/30 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i> Happy Birthday, Annette!	24/31 10:15 Fun and Fitness, 2E 2:00 Bible Study, MPR	25 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	26 10:00 Active Game, 2E 3:00 Concert by Brian Flanagan, MPR Happy Birthday, Deanna!	27 10:15 Bingo! 2E 2:00 Remember the Order, 2S	28 10:45 Music with Michelle, 2S 2:00 Sequences Brain Challenge, 2S 2:30 Catholic Mass, MPR	29 10:15 Bingo, MPR 2:15 Armchair Travel, MPR

MARCH 2025

HARRISON WELLNESS CALENDAR 2 & 3 NORTH



SUN

MON

TUE

WED

THU

FRI

SAT



1
10:15 Bingo, MPR

Afternoon Colouring
Happy Birthday, Maritza!

2
Morning Volunteer Connections

1:30 Church Service, MPR

3
10:15 Fun & Fitness, 2N
2:00 Music with Michelle, 3N
2:00 Communion Service, MPR

4
10:15 Tovertafel Games, MPR

2:30 Hymn Sing, MPR
MARDI GRAS!

5


Morning Sensory Visits, 3N

2:30 Card Games, 3E

6

10:15 Fun & Fitness, 2N

2:30 Table Games, 2N

7
9:45 Music with Michelle, 2N
10:15 Active Game, 3N
12:00 Lunch Outing (By Invite) 
2:30 Catholic Mass, Emerald

8
10:15 Bingo, MPR

Afternoon Jukebox Requests

9
Morning Volunteer Connections

1:30 Church Service, MPR
Day Light Savings

10
10:15 Fun & Fitness, 2N

2:00 Music with Michelle, 3N
2:00 Bible Study, MPR

11

10:15 Bowling, MPR

2:30 Hymn Sing, MPR

12

Morning Manicures
12:00 Luncheon, MPR (By Invite)
2:15 Afternoon Colouring, 2N
Happy Birthday, Carol!

13

10:15 Fun & Fitness, 2N
2:00 Pet Therapy Visits
3:00 Concert with Brian Zalo, MPR

14
9:45 Music with Michelle, 2N
10:15 Active Game, 3N

Afternoon Short Stories
2:30 Catholic Mass, MPR

15
10:15 Bingo, MPR

Travelling Snack Cart: Shamrock Shakes

16
Morning Volunteer Connections

1:30 Church Service, MPR

17
10:15 Fun & Fitness, 2N

2:00 Music w/ Michelle, 3N
2:00 Bible Study, MPR
ST. PATRICKS DAY!

18

Morning 1:1 Visits
11:00 Resident Council, MPR

2:30 Hymn Sing, MPR

19

Morning Sensory Visits, 3N

Music for the Senses
3:00 Card Games, 3E

20

10:15 Fun & Fitness, 2N

2:30 Table Games, 3N

21
9:45 Music with Michelle, 2N
10:15 Active Game, 3N

Afternoon Short Stories
2:30 Catholic Mass, Emerald

22
10:15 Bingo, MPR

Afternoon Jukebox Requests

23/ 30
Morning Volunteer Connections

1:30 Church Service, MPR

24/31
10:15 Fun & Fitness, 2N

2:00 Music with Michelle, 3N
2:00 Bible Study, MPR

25

10:15 Jeopardy! MPR

2:30 Hymn Sing, MPR

26

Morning Sensory Visits, 3N

3:00 Concert by Brian Flanagan, MPR

27

10:15 Fun & Fitness, 2N

2:30 Afternoon Colouring, 2N

28
9:45 Music with Michelle, 2N
10:15 Active Game, 3N

Afternoon Short Stories
2:30 Catholic Mass, MPR

29
10:15 Bingo, MPR

2:15 Armchair Travel, MPR
Happy Birthday, Jemima!

SUN

MON

TUE

WED

THU

FRI

SAT



1
10:15 Bingo, MPR
2:15 Active Games, 3E


2
10:30 Church Service, MPR
Afternoon Volunteer Connections

3
10:15 Fun and Fitness, 3E
2:00 Communion Service, MPR

4
10:15 Tovertafel Games, MPR
2:30 Hymn Sing, MPR
MARDI GRAS!

5
10:00 Music with Michelle, 3E
11:00 Music with Michelle, 3S
2:30 Card Games, 3S

6
10:15 Fun and Fitness, 3E
2:00 Pet Therapy Visits
2:30 Reading Group, 3E

7
10:00 Word Games, 3E 
12:00 Lunch Outing (By Invite)
2:30 Catholic Mass, Emerald

8
10:15 Bingo, MPR
2:15 Balloon Tennis, 3E

9
10:30 Church Service, MPR
Afternoon Volunteer Connections
Day Light Savings

10
10:15 Fun and Fitness, 3E
2:00 Bible Study, MPR
Happy Birthday, Gopal!

11
10:15 Bowling, MPR
2:30 Hymn Sing, MPR

12
10:00 Music with Michelle, 3E
11:00 Music with Michelle, 3S
12:00 Luncheon, MPR (By Invite)
2:30 Reading Group, 3S

13
10:15 Fun and Fitness, 3E
Afternoon Manicures
3:00 Concert with Brian Zalo, MPR

14
10:00 Word Games, 3E
2:30 Catholic Mass, MPR

15
10:15 Bingo, MPR
2:15 Balloon Volleyball, 3S

16
10:30 Church Service, MPR
Afternoon Volunteer Connections

17
10:15 Fun and Fitness, 3E
2:00 Bible Study, MPR
ST. PATRICKS DAY!

18
11:00 Resident Council, MPR
2:30 Hymn Sing, MPR

19
10:00 Music with Michelle, 3E
11:00 Music with Michelle, 3S
Music for the Senses
3:00 Card Games, 3E

20
10:15 Fun and Fitness, 3E
2:30 Reading Group, 3E

21
10:00 Word Games, 3E
2:30 Catholic Mass, Emerald

22
10:15 Bingo, MPR
2:15 Produce of the Month

23/ 30
10:30 Church Service, MPR
Afternoon Volunteer Connections

24/31
10:15 Fun and Fitness, 3E
2:00 Bible Study, MPR

25
10:15 Jeopardy! MPR
2:30 Hymn Sing, MPR

26
10:00 Music with Michelle, 3E
11:00 Music with Michelle, 3S
Afternoon Manicures
3:00 Concert by Brian Flanagan, MPR

27
10:15 Fun and Fitness, 3E
2:30 Java Music Club, 3E

28
10:00 Word Games, 3E
2:30 Catholic Mass, MPR

29
10:15 Bingo, MPR
2:15 Armchair Travel, MPR

SUN

MON

TUE

WED


THU

FRI

SAT



1
10:15 Stretch and Strength
2:00 Trivia

2 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i>	3 11:00 Music with Michelle 2:00 Communion Service, MPR	4 10:15 Stretch and Strength 1:30 Hymn Sing, 3W MARDI GRAS!	5 10:15 Dominos Music for the Senses 3:00 Bingo, 3W	6 10:15 Active Game 2:15 Table Games	7 10:15 Bingo, 2W 2:30 Catholic Mass, Emerald	8 10:15 Stretch and Strength 2:15 Tovertafel Games
9 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i> Day Light Savings	10 11:00 Music with Michelle 2:00 Bible Study, MPR	11 10:15 Stretch and Strength 1:30 Hymn Sing, 4W	12 10:15 Dominos 2:30 St Patty's Craft, 3W	13 10:15 Baking Lucky Charm Cookies 1:30 Concert with Brian Zalo, 2W Afternoon Tea and Chat	14 10:15 Bingo, 3W 2:15 Armchair Travel to Mardi Gras 2:30 Catholic Mass, MPR	15 10:15 Stretch and Strength Afternoon Snack Cart: Mint Chip Ice Cream
16 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i>	17 11:00 Music with Michelle 2:00 Bible Study, MPR ST. PATRICKS DAY!	18 10:15 Stretch and Strength 11:00 Resident Council, MPR 1:30 Hymn Sing, 2W	19 Moring Active Game 12:00 Luncheon, MPR (By Invite) 2:00 Bingo! 3W	20 10:15 Dominos 2:00 Pet Therapy Visits 2:30 Balloon Volleyball, 3W	21  10:15 Bingo, 4W 12:00 Lunch Outing (By Invite) 2:30 Catholic Mass, Emerald	22 10:15 Stretch and Strength 2:00 Puzzles Happy Birthday, Henry!
23/ 30 10:30 Church Service, MPR <i>Afternoon Volunteer Connections</i>	24/31 11:00 Music with Michelle 2:00 Bible Study, MPR	25 10:15 Stretch and Strength 1:30 Hymn Sing, 3W	26 10:15 Bowling, 3W 1:30 Concert by Brian Flanagan, 3W	27 10:15 Bingo, 2W Afternoon Tovertafel Games	28 10:15 Bingo, 2W 2:30 Catholic Mass, MPR Happy Birthday, Mr. Sum!	29 10:15 Stretch and Strength 2:00 Word Games

SUN

MON

TUE

WED

THU

FRI

SAT



1
10:15 Fun & Fitness
2:30 Java Music Club

2
10:30 Church Service, MPR
Afternoon Volunteer Connections

3
10:15 Fun & Fitness
2:00 Communion Service, MPR

4
9:45 Music with Michelle
1:30 Hymn Sing, 3W
MARDI GRAS!

5
10:15 Fun & Fitness
Music for the Senses
3:00 Bingo, 3W

6
10:00 Word Games
2:15 Baking

7
10:15 Bingo, 2W
2:15 Reading Group
2:30 Catholic Mass, Emerald

8
10:15 Fun & Fitness
Afternoon Snack Cart: Chips & Dips

9
10:30 Church Service, MPR
Afternoon Volunteer Connections
Day Light Savings

10
10:15 Fun & Fitness
2:00 Bible Study, MPR

11
9:45 Music with Michelle
1:30 Hymn Sing, 4W

12
10:15 Fun & Fitness
2:30 St Patty's Craft, 3W

13
10:00 Word Games
1:30 Concert with Brian Zalo, 2W

14
10:15 Bingo, 3W
2:15 Armchair Travel to Mardi Gras
2:30 Catholic Mass, Emerald

15
10:15 Fun & Fitness
Afternoon Travelling Snack Cart: Mint Chip Ice Cream


16
10:30 Church Service, MPR
Afternoon Volunteer Connections

17
10:15 Fun & Fitness
2:00 Bible Study, MPR
ST. PATRICKS DAY!

18
9:45 Music with Michelle
11:00 Resident Council, MPR
1:30 Hymn Sing, 2W

19
10:15 Fun & Fitness
12:00 Luncheon, MPR (By Invite)
2:00 Bingo! 3W
Happy Birthday, Beatrice!

20
10:00 Word Games
2:00 Balloon Volleyball, 3W

21
10:15 Bingo, 4W 
12:00 Lunch Outing (By Invite)
2:30 Catholic Mass, Emerald

22
10:15 Fun & Fitness
2:15 Tovertafel Games
Afternoon Manicures

23/30
10:30 Church Service, MPR
Afternoon Volunteer Connections
Happy Birthday, Sharon!

24/31
10:15 Fun & Fitness
2:00 Bible Study, MPR

25
9:45 Music with Michelle
1:30 Hymn Sing, 3W
Happy Birthday, Geoffrey!

26
10:15 Bowling, 3W
1:30 Concert by Brian Flanagan, 3W

27
10:00 Word Games
2:00 Pet Therapy Visits
2:30 Tovertafel Games

28
10:15 Bingo, 2W
2:00 Cheese and Crackers
2:30 Catholic Mass, Emerald

29
10:15 Fun & Fitness
2:15 Spring Baking

SUN

MON

TUE

WED

THU

FRI

SAT



1
10:00 Fun and Fitness
Afternoon Sensory Visits

2
10:30 Church Service, MPR
Afternoon Volunteer Connections

3
10:00 Ball Toss
2:00 Communion Service, MPR

4
10:00 Fun and Fitness
1:30 Hymn Sing, 3W
MARDI GRAS!

5
10:00 Reading Group
Music for the Senses
3:00 Bingo, 3W

6
10:00 Fun and Fitness
2:00 Music with Michelle

7
10:15 Bingo, 2W
2:15 Java Music Club
2:30 Catholic Mass, Emerald

8
10:00 Fun and Fitness
2:30 Table Games

9
10:30 Church Service, MPR
Afternoon Volunteer Connections
Day Light Savings

10
10:00 Ball Toss
2:00 Bible Study, MPR

11
10:00 Fun and Fitness
1:30 Hymn Sing, 4W

12
10:00 Word Games
2:30 St Patrick's Day Craft, 3W
Happy Birthday, Sharon!

13
10:00 Fun and Fitness
1:30 Concert with Brian Zalo, 2W
2:00 Music with Michelle

14
10:15 Bingo, 3W
2:15 Armchair Travel to Mardi Gras
2:30 Catholic Mass, MPR

15
10:00 Fun and Fitness
Afternoon Travelling Snack Cart: Mint Chip Ice Cream


16
10:30 Church Service, MPR
Afternoon Volunteer Connections

17
10:00 Ball Toss
2:00 Bible Study, MPR
ST. PATRICKS DAY!

18
Morning Manicures
11:00 Resident Council, MPR
1:30 Hymn Sing, 2W

19
Morning 1:1 Visits
12:00 Luncheon, MPR (By Invite)
2:00 Bingo! 3W

20
10:00 Fun and Fitness
2:00 Music with Michelle

21
10:15 Bingo, 4W 
12:00 Lunch Outing (By Invite)
2:15 Baking
2:30 Catholic Mass, Emerald
Happy Birthday, Ken!

22
10:00 Fun and Fitness
2:30 Reading Group

23/ 30
10:30 Church Service, MPR
Afternoon Volunteer Connections

24/31
10:00 Ball Toss
2:00 Bible Study, MPR

25
10:00 Fun and Fitness
1:30 Hymn Sing, 3W

26
10:15 Bowling, 3W
1:30 Concert by Brian Flanagan, 3W

27
10:00 Fun and Fitness
2:00 Music with Michelle
Happy Birthday, John Bent!

28
10:15 Bingo, 2W
2:15 You Be the Judge
2:30 Catholic Mass, MPR
Happy Birthday, Lois!

29
10:00 Fun and Fitness
2:30 Tovertafel Games