

February 2025- The Hawthorn

Sun	Mon	Tue	Wed	Thu	Fri	Sat
\$= Cost Associated with Event *= Sign-up Required for Event All events/programs happen in Selkirk Multi-Purpose Room unless noted otherwise.						1
2	3 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room)	4 10:00 Self-Management BC-Chronic Conditions Workshop*	5 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge) 7:00 Hawthorn- Games Night	6 1:30 Hymns & Praise with Darlene	7 10:00 Hybrid Fitness 2:00 Piano with Donna Gates *	8
9 2:30 Sunday Service Provided by Cornerstone Christian Reformed Church	10 9:00 Functional Fitness 10:00 Chair Fitness 1:00 Acrylic Painting Class (Summit Dining Room) * \$ 2:00 Hawthorn Cribbage Club (Summit Dining Room)	11 10:00 Self-Management BC-Chronic Conditions Workshop* 1:30 Movie Matinee- Andre Rieu Love is all Around	12 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge) 7:00 Hawthorn- Games Night	13 9:00 Valentines Community Breakfast (Summit Dining Room) * \$ 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	14 VALENTINE'S DAY 10:00 Hybrid Fitness 2:00 Musical Entertainment by Elsie Giesbrecht *	15
16	17 FAMILY DAY <i>*Note: there will be not fitness classes today due to statutory holiday</i>	18 10:00 Self-Management BC-Chronic Conditions Workshop* 2:00 Classical Piano with Jessica *	19 9:00 Functional Fitness 10:00 Chair Fitness 11:30 Catholic Mass Provided by St. Mary's Parish 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge) 7:00 Hawthorn- Games Night	20 10:00 Hawthorn Birthday Social (Summit Dining Room) 1:30 Hymns & Praise with Darlene	21 10:00 Hybrid Fitness 2:00 Rebalance Rehab Education Session- Heart Health	22
23 2:30 Sunday Service Provided by River of Life Church	24 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn Cribbage Club (Summit Dining Room) 2:00 Trivia Competition *	25 10:00 Self-Management BC-Chronic Conditions Workshop* 2:00 Winter Social (Summit Dining Room) * \$	26 9:00 Functional Fitness 10:00 Chair Fitness 2:00 Hawthorn- Knit & Stitch Group (Cascade Reading Lounge) 7:00 Hawthorn- Games Night	27 Amplifon Hearing Aid Clean and Check Clinic * By Appointment Only* (Cheam Meeting Room) 10:00 Pet Therapy Dogs Visit 1:30 Hymns & Praise with Darlene	28 10:00 Hybrid Fitness 1:30 Movie Matinee- Sound of Hope: The Story of Possum Trot	