

MAY 2025

HARRISON WELLNESS CALENDAR I SOUTH & I EAST



SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:30 Music with Michelle, IS 2:00 Outdoor Pet Therapy	2 10:15 Fun & Fitness, IE 2:00 Reading Group, IS 2:30 Catholic Mass, MPR Happy Birthday Anne K!	3 10:15 Bingo, MPR 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 10:00 Active Game, IS 2:00 Communion Service, MPR	6 10:15 Group Crosswords, IE 2:30 Hymn Sing, MPR	7 10:15 Fun & Fitness, IE 2:00 Java Music Club, IE	8 10:30 Music with Michelle, IE 2:30 Mother's Day Tea with Michelle Carlisle, MPR	9 10:15 Fun & Fitness, IE 2:30 Catholic Mass, Emerald Afternoon Mother's Day Portraits	10 10:15 Bingo, MPR 2:00 Tea and Chat, IS
11 1:30 Church Service, MPR	12 10:00 Active Game, IE 2:00 Bible Study, MPR Happy Birthday Affina!	13 10:15 Group Crosswords, IE 2:30 Hymn Sing, MPR	14 10:15 Fun & Fitness, IE 12:00 Luncheon (By Invite) MPR Afternoon Manicures	15 10:30 Music with Michelle, IS 1:15 Visit from Woodland Park Elementary, MPR	16 10:15 Fun & Fitness, IE Afternoon Gardening 2:30 Catholic Mass, MPR	17 10:15 Bingo, MPR Afternoon Gardening
18 1:30 Church Service, MPR	19 VICTORIA DAY 10:00 Active Game, IS Afternoon Garden Visits	20 10:15 Group Crosswords, IE 2:30 Hymn Sing, MPR Happy Birthday Evelyn!	21 10:15 Fun & Fitness, IE 11:30 Bus Outing (By Invite) Music for the Senses 3:00 Java Music Club, IE	22 10:30 Music with Michelle, IE 3:00 Concert with Brian Zalo, MPR	23 10:15 Fun & Fitness, IE 2:00 Reading Group, IS 2:30 Catholic Mass,	24 10:15 Bingo, MPR 2:00 Tea and Chat, IS
25 1:30 Church Service, MPR	26 10:15 Fun & Fitness, IE 2:00 Bible Study, MPR	27 10:15 Group Crosswords, IE 2:30 Hymn Sing, MPR	28 10:15 Fun & Fitness, IE 2:30 Sip & Social (By Invite), MPR	29 10:30 Music with Michelle, IS 1:15 Visit from Woodland Park Elementary, MPR 2:30 Concert with Classic Rewind, MPR	30 10:15 Fun & Fitness, IE 2:00 Reading Group, IS	31 10:15 Bingo, MPR Afternoon Spa Day, MPR

Programs are subject to change, please refer to whiteboards for daily events. If you have any questions please contact Colleen at 8847 or cryans@elimvillage.com

MAY 2025

HARRISON WELLNESS CALENDAR 2 SOUTH & 2 EAST




SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Bingo, 2E 2:00 Outdoor Pet Therapy Afternoon Garden Walks	2 10:45 Music with Michelle, 2E 2:00 Mother's Day Craft, 2E 2:30 Catholic Mass, MPR	3 10:15 Bingo, MPR 2:15 Observation Game, 2S Happy Birthday, Minke!
4 Morning Volunteer Connections 1:30 Church Service, MPR	5 10:15 Fun & Fitness, 2E 2:00 Communion Service, MPR	6 10:15 Tic, Tac, Toast, 2E 2:30 Hymn Sing, MPR	7 10:15 Balloon Volleyball, 2N 2:00 Creative Colouring, 2E Music for the Senses	8 10:15 Bingo, 2E 2:30 Mother's Day Tea with Michelle Carlisle, MPR	9 10:45 Music with Michelle, 2S 2:30 Catholic Mass, Emerald Afternoon Mother's Day Portraits	10 10:15 Bingo, MPR 2:15 Puzzle Table, 2E
11 1:30 Church Service, MPR Happy Birthday Jung Soon!	12 10:15 Fun & Fitness, 2E 2:00 Bible Study, MPR	13 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	14 10:15 Fun & Fitness, 2E 12:00 Luncheon (By Invite) MPR 2:45 Music with Michelle, 2E	15 10:15 Bingo, 2E 1:15 Visit from Woodland Park Elementary, MPR 2:00 Outdoor Pet Therapy	16 Morning Gardening 2:00 Java Music Club, 2E 2:30 Catholic Mass, MPR	17 10:15 Bingo, MPR Afternoon Gardening
18 Morning Volunteer Connections 1:30 Church Service, MPR	19 VICTORIA DAY 10:15 Fun & Fitness, 2E Outdoor Walks	20 10:15 Bowling, MPR 2:30 Hymn Sing, MPR	21 10:15 Fun and Fitness, 2E 11:30 Bus Outing (By Invite) Music for the Senses	22 10:15 Bingo, 2E 2:00 Outdoor Pet Therapy 3:00 Concert with Brian Zalo, MPR	23 10:45 Music with Michelle, 2S 2:00 Coffee and Chat, 2E 2:30 Catholic Mass, Emerald	24 10:15 Bingo, MPR 2:15 Smoothie Saturday
25 Morning Volunteer Connections 1:30 Church Service, MPR	26 10:15 Fun & Fitness, 2E 2:00 Bible Study, MPR	27 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	28 10:15 Fun and Fitness, 2E 2:30 Sip & Social (By Invite), MPR	29 10:15 Bingo, 2E 1:15 Visit from Woodland Park Elementary, MPR 2:30 Concert with Classic Rewind, MPR	30 10:45 Music with Michelle, 2E 2:15 Tovertafel Games, 2E Afternoon Garden Visits	31 10:15 Bingo, MPR Afternoon Spa Day, MPR

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MAY 2025



HARRISON WELLNESS CALENDAR 3 SOUTH & 3 EAST







SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Bingo, 2E 2:00 Outdoor Pet Therapy	2 10:15 Fun and Fitness, 3E 2:30 Catholic Mass, MPR	3 10:15 Bingo, MPR 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 10:15 Fun ad Fitness, 3E 2:00 Communion Service, MPR Happy Birthday, Ninh!	6 10:15 Tovertafel Games, MPR 2:30 Hymn Sing, MPR	7 10:00 Music with Carmen 3E 11:00 Music with Michelle. 3S Music for the Senses Afternoon Manicures	8 10:15 Bingo, 2E 2:30 Mother's Day Tea with Michelle Carlisle, MPR	9 10:15 Fun and Fitness, 3E 2:30 Catholic Mass, Emerald Afternoon Mother's Day Portraits	10 10:15 Bingo, MPR 2:15 Balloon Volleyball, 3E
11 1:30 Church Service, MPR	12 10:15 Fun ad Fitness, 3E 2:00 Bible Study, MPR	13 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	14 10:00 Music with Carmen, 3E 11:00 Music with Michelle. 3S 12:00 Luncheon (By Invite) MPR 2:15 Word Games, 3E	15 10:15 Bingo, 2E 1:15 Visit from Woodland Park Elementary, MPR 2:00 Outdoor Pet Therapy	16 10:15 Fun and Fitness, 3E 2:30 Catholic Mass, MPR Afternoon Gardening	17 10:15 Bingo, MPR Afternoon Gardening
18 1:30 Church Service, MPR	19 VICTORIA DAY 10:15 Fun ad Fitness, 3E Afternoon Gardening	20 10:15 Bowling, MPR 2:30 Hymn Sing, MPR	21  10:00 Music with Carmen, 3E 11:00 Music with Michelle. 3S 11:30 Bus Outing (By Invite) Music for the Senses	22 Morning Gardening 2:00 Outdoor Pet Therapy 3:00 Concert with Brian Zalo, MPR	23 10:15 Fun and Fitness, 3E 2:30 Catholic Mass, Emerald	24 10:15 Bingo, MPR Afternoon Snack Cart: Smoothie Saturday
25 1:30 Church Service, MPR	26 10:15 Fun ad Fitness, 3E 2:00 Bible Study, MPR	27 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR Happy Birthday Baldev!	28 10:00 Music with Carmen, 3E 11:00 Music with Michelle. 3S 2:30 Sip & Social (By Invite), MPR	29 10:15 Bingo, 2E 1:15 Visit from Woodland Park Elementary, MPR 2:30 Concert with Classic Rewind, MPR	30 10:15 Fun and Fitness, 3E Afternoon Outdoor Walks	31 10:15 Bingo, MPR Afternoon Spa Day, MPR

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SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Fun & Fitness, 2N 2:00 Outdoor Pet Therapy	2 9:45 Music with Michelle, 2N 10:15 Ball Toss, 3N Afternoon Short Stories 2:30 Catholic Mass, MPR	3 10:15 Bingo, MPR 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 10:00 Fun and Fitness, 2N 11:00 Ball Toss, 3N 2:00 Communion Service, MPR 2:00 Music with Michelle, 3N Happy Birthday, Dini!	6 10:15 Tovertafel Games, MPR 2:30 Hymn Sing, MPR	7 10:15 Balloon Volleyball, 2N Afternoon Garden Visits	8 Morning Snoezelen Visits 2:30 Mother's Day Tea with Michelle Carlisle, MPR	9 9:45 Music with Michelle, 2N 10:15 Ball Toss, 3N 2:30 Catholic Mass, Emerald Afternoon Mother's Day Portraits	10 10:15 Bingo, MPR Afternoon Gardening
11 1:30 Church Service, MPR Happy Birthday Emmanuel!	12 10:00 Fun and Fitness, 2N 11:00 Ball Toss, 3N 2:00 Bible Study, MPR 2:00 Music with Michelle, 3N	13 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	14 Morning Snoezelen Visits 12:00 Luncheon (By Invite) MPR 2:30 Table Games, 2N	15 10:15 Fun & Fitness, 2N 1:15 Visit from Woodland Park Elementary, MPR 2:00 Outdoor Pet Therapy Happy Birthday Marjorie!	16 9:45 Music with Michelle, 2N 10:15 Ball Toss, 3N Afternoon Short Stories 2:30 Catholic Mass, MPR	17 10:15 Bingo, MPR 2:15 Jukebox Requests, 2N Happy Birthday Vera!
18 1:30 Church Service, MPR	19 VICTORIA DAY 10:00 Fun and Fitness, 2N 11:00 Ball Toss, 3N 2:00 Music with Sydney, 3N Afternoon Garden Walks	20 10:15 Bowling, MPR 2:30 Hymn Sing, MPR Happy Birthday Yolanda!	21 10:15 Balloon VolleyBall, 3N 11:30 Bus Outing (By Invite) Music for the Senses 	22 Morning Snoezelen Visits 2:00 Outdoor Pet Therapy 3:00 Concert with Brian Zalo, MPR	23 9:45 Music with Michelle, 2N 10:15 Ball Toss, 3N Afternoon Short Stories 2:30 Catholic Mass, Emerald	24 10:15 Bingo, MPR Travelling Snack Cart: Smoothie Saturday
25 1:30 Church Service, MPR	26 10:00 Fun and Fitness, 2N 11:00 Ball Toss, 3N 2:00 Bible Study, MPR 2:00 Music with Michelle, 3N	27 10:15 Jeopardy! MPR 2:30 Hymn Sing, MPR	28 Morning Snoezelen Visits 2:30 Sip & Social (By Invite), MPR	29 10:15 Fun & Fitness, 2N 1:15 Visit from Woodland Park Elementary, MPR 2:30 Concert with Classic Rewind, MPR	30 9:45 Music with Michelle, 2N 10:15 Ball Toss, 3N Afternoon Short Stories	31 10:15 Bingo, MPR Afternoon Spa Day, MPR

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Active Game 2:00 Outdoor Pet Therapy 3:00 Tovertafel Games Happy Birthday Shiri!	2 10:15 Bingo, 3W 2:30 Catholic Mass, MPR	3 10:15 Stretch and Strength 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 11:00 Music with Michelle 2:00 Communion Service, MPR	6 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	7 10:15 Dominoes Music for the Senses 3:00 Bingo, 2W	8 10:15 Active Game 2:00 Outdoor Pet Therapy 3:00 Tovertafel Games	9 Morning Mother's Day Portraits 2:30 Mother's Day Tea with Michelle Carlisle, MPR 2:30 Catholic Mass,	10 10:15 Stretch and Strength 2:30 You Be the Judge
11 1:30 Church Service, MPR	12 11:00 Music with Michelle 2:00 Bible Study, MPR	13 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	14 10:15 Dominoes 2:00 Bingo, 3W	15 10:15 Active Game 1:15 Visit from Woodland Park Elementary, MPR 2:00 Outdoor Pet Therapy	16 10:15 Bingo, 3W 2:30 Catholic Mass, MPR	17 10:15 Stretch and Strength Afternoon Gardening
18 1:30 Church Service, MPR Happy Birthday Ghulam!	19 VICTORIA DAY 11:00 Music with Sydney Afternoon Walks Happy Birthday Joe!	20 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	21 10:15 Dominoes 12:00 Luncheon (By Invite) MPR 2:00 Bnigo, 4W	22 10:15 Active Game 1:30 Concert with Brian Zalo, 3W	23 10:15 Bingo, 3W 11:30 Bus Outing (By Invite) 2:30 Catholic Mass, Emerald 	24 10:15 Stretch and Strength 2:00 Puzzle Table
25 1:30 Church Service, MPR	26 11:00 Music with Michelle 2:00 Bible Study, MPR	27 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	28 10:15 Dominoes 2:30 Sip & Social (By Invite), MPR	29 10:15 Active Game 1:15 Visit from Woodland Park Elementary, MPR 2:00 Outdoor Pet Therapy	30 10:15 Bingo, 3W 2:30 Concert with Classic Rewind, MPR	31 10:15 Stretch and Strength Afternoon Spa Day, MPR

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Word Games 2:00 Outdoor Pet Therapy Afternoon Manicures	2 10:15 Bingo 2:00 Baking 2:30 Catholic Mass, MPR	3 10:15 Fun and Fitness 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 10:15 Fun and Fitness 2:00 Communion Service, MPR	6 9:45 Music with Michelle 1:30 Hymn Sing, MPR	7 10:15 Fun and Fitness Music for the Senses 3:00 Bingo, 2W	8 10:15 Word Games 2:00 Outdoor Pet Therapy 3:00 Baking	9 Morning Mother's Day Portraits 2:30 Mother's Day Tea with Michelle Carlisle, MPR 2:30 Catholic Mass,	10 10:15 Fun and Fitness 2:15 Java Music Club
11 1:30 Church Service, MPR	12 10:15 Fun and Fitness 2:00 Bible Study, MPR	13 9:45 Music with Michelle 1:30 Hymn Sing, MPR	14 10:15 Fun and Fitness 2:00 Bingo, 3W	15 10:15 Word Games 1:15 Visit from Woodland Park Elementary, MPR Travelling Snack Cart: Yogurt Parfait	16 10:15 Bingo 2:00 Baking 2:30 Catholic Mass, MPR	17 Morning Gardening 2:15 Java Music Club
18 1:30 Church Service, MPR	19 VICTORIA DAY 10:15 Fun and Fitness Afternoon Walks	20 9:45 Music with Michelle 1:30 Hymn Sing, MPR	21 10:15 Fun and Fitness 12:00 Luncheon (By Invite) MPR 2:00 Bingo, 4W	22 10:15 Word Games 1:30 Concert with Brian Zalo, 3W Afternoon Walks	23 10:15 Bingo 11:30 Bus Outing (By Invite) 2:30 Catholic Mass, Emerald 	24 10:15 Fun and Fitness Travelling Snack Cart: Fruit Stand
25 1:30 Church Service, MPR	26 10:15 Fun and Fitness 2:00 Bible Study, MPR	27 9:45 Music with Michelle 1:30 Hymn Sing, MPR	28 10:15 Fun and Fitness 2:30 Sip & Social (By Invite), MPR	29 10:15 Word Games 1:15 Visit from Woodland Park Elementary, MPR 2:15 wine and Cheese Tasting	30 10:15 Bingo 2:30 Concert with Classic Rewind, MPR	31 10:15 Fun and Fitness Afternoon Spa Day, MPR

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:15 Fun and Fitness 2:00 Music with Michelle	2 10:15 Bingo, 3W 2:30 Catholic Mass, MPR Afternoon Manicures	3 10:15 Fun and Fitness 2:30 Creative Painting with Volunteers, MPR
4 1:30 Church Service, MPR	5 10:00 Ball Toss 2:00 Communion Service, MPR Afternoon Tovertafel Games	6 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	7 10:15 Name that Tune Music for the Senses 3:00 Bingo, 2W	8 10:15 Fun and Fitness 2:00 Music with Michelle	9 Morning Mother's Day Portraits 2:30 Mother's Day Tea with Michelle Carlisle, MPR 2:30 Catholic Mass,	10 10:15 Moring Laughs and Colouring Sheets 2:00 Fun and Fitness
11 1:30 Church Service, MPR	12 10:00 Ball Toss 2:00 Bible Study, MPR Afternoon Tovertafel Games	13 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	14 10:15 Can You Picture This? 2:30 Bingo, 3W	15 10:15 Fun and Fitness 1:15 Visit from Woodland Park Elementary, MPR 2:00 Music with Michelle	16 10:15 Bingo, 3W 2:30 Catholic Mass, MPR 2:30 Junk Drawer Detective	17 10:15 Fun and Fitness Afternoon Gardening
18 1:30 Church Service, MPR	19 VICTORIA DAY 10:00 Ball Toss Afternoon Tovertafel Games	20 10:15 Fun and Fitness 1:30 Hymn Sing, MPR Happy Birthday Ann!	21 Morning Manicures 12:00 Luncheon (By Invite) MPR 2:00 Music with Michelle	22 10:15 Fun and Fitness 1:30 Concert with Brian Zalo, 3W	23 10:15 Bingo, 3W 11:30 Bus Outing (By Invite) 2:30 Catholic Mass, Emerald 	24 10:15 Jukebox Requests 2:15 Fun and Fitness
25 1:30 Church Service, MPR	26 10:00 Ball Toss 2:00 Bible Study, MPR Afternoon Tovertafel Games	27 10:15 Fun and Fitness 1:30 Hymn Sing, MPR	28 10:15 Word Games 2:30 Sip & Social (By Invite), MPR	29 10:15 Fun and Fitness 1:15 Visit from Woodland Park Elementary, MPR 2:00 Music with Michelle	30 10:15 Bingo, 3W 2:30 Concert with Classic Rewind, MPR	31 10:15 Fun and Fitness Afternoon Spa Day, MPR